

AMERUS GROUP CO/IA  
Form 8-K  
January 06, 2006

**Table of Contents**

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 8-K  
CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934  
Date of Report (Date of earliest event reported: January 5, 2006)  
AMERUS GROUP CO.  
(Exact Name of Registrant as Specified in its Charter)**

IOWA (State or Other Jurisdiction of Incorporation)	001-15166 (Commission File Number)	42-1458424 (IRS Employer Identification No.)
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699 WALNUT STREET DES MOINES, IOWA (Address of principal executive offices)	50309-3948 (Zip Code)
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Registrant's telephone number, including area code: (515) 362-3600

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**TABLE OF CONTENTS**

ITEM 7.01. REGULATION FD DISCLOSURE

ITEM 9.01 (c). EXHIBITS

SIGNATURE

EXHIBITS

Press Release

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**Table of Contents**

ITEM 7.01. REGULATION FD DISCLOSURE

On January 5, 2006, AmerUs Group Co. (the Company ) issued a press release announcing 2006 earnings guidance and a date for its 2006 Investor Conference, which the Company is furnishing under this Item 7.01 as Exhibit 99.1. The Company views adjusted net operating income and adjusted net operating income per share, each a non-GAAP financial measure, as important indicators of financial performance. These non-GAAP measures can enhance an investor's understanding of the Company's underlying profitability and normalized results of operations and are also used for goal setting, determining employee and management compensation and evaluating the Company's performance on a basis comparable to that used by security analysts.

ITEM 9.01 (c). EXHIBITS

99.1 Press Release dated January 5, 2006 (furnished pursuant to Item 7.01).

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**Table of Contents**

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMERUS GROUP CO.

By: /s/ Melinda S. Urion

Melinda S. Urion  
Executive Vice  
President,  
Chief Financial Officer  
&  
Treasurer

Dated: January 6, 2006

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**Table of Contents**

EXHIBITS

Exhibit No.    Description

99.1            Press Release dated January 5, 2006 (furnished pursuant to Item 7.01).