PYRAMID OIL CO Form 4 July 11, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Expires:

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * HERMAN MICHAEL D

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

(First) (Middle) PYRAMID OIL CO [PYOL]

(Check all applicable)

PO BOX 60446

(Last)

3. Date of Earliest Transaction

(Month/Day/Year)

_X__ Director Officer (give title below)

_X__ 10% Owner _ Other (specify

07/09/2008

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

COLORADO SPRINGS, CO 80960

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Benefic						or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	07/09/2008		S	331	D	\$ 16.26	2,352,855	D	
Common Stock	07/09/2008		S	723	D	\$ 16.75	2,352,132	D	
Common Stock	07/09/2008		S	1,650	D	\$ 16.8546	2,350,482	D	
Common Stock	07/09/2008		S	367	D	\$ 15.44	2,350,115	D	
Common Stock	07/09/2008		S	4,833	D	\$ 15.45	2,345,282	D	
	07/09/2008		S	100	D	\$ 15.46	2,345,182	D	

Common Stock								
Common Stock	07/09/2008	S	2,600	D	\$ 15.5	2,342,582	D	
Common Stock	07/09/2008	S	711	D	\$ 15.51	2,341,871	D	
Common Stock	07/09/2008	S	389	D	\$ 15.58	2,341,482	D	
Common Stock	07/09/2008	S	1,000	D	\$ 15.59	2,340,482	D	
Common Stock	07/09/2008	S	16,886	D	\$ 15.75	2,323,596	D	
Common Stock	07/09/2008	S	410	D	\$ 15.861	2,323,186	D	
Common Stock	07/10/2008	S	6,100	D	\$ 15.5	2,317,086	D	
Common Stock	07/10/2008	S	100	D	\$ 15.56	2,316,986	D	
Common Stock	07/10/2008	S	3,000	D	\$ 15.55	2,313,986	D	
Common Stock	07/10/2008	S	200	D	\$ 15.62	2,313,786	D	
Common Stock	07/10/2008	S	200	D	\$ 15.71	2,313,586	D	
Common Stock	07/10/2008	S	178	D	\$ 15.77	2,313,408	D	
Common Stock	07/10/2008	S	10,000	D	\$ 15.5	2,303,408	D	
Common Stock						19,991	I	Owned by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	/. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	nNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	2	Securities	(Instr. 5)	Bene

SEC 1474

(9-02)

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Derivative Securities (Instr. 3 and 4) Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Code V (A) (D) Date Expiration Title Amount Exercisable Date Number of Shares

Own

Follo

Repo

Trans

(Insti

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HERMAN MICHAEL D							
PO BOX 60446	X	X					
COLORADO SPRINGS, CO 80960							

Signatures

/Michael D.
Herman/

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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