GOODMAN BRUCE J

Form 4

November 14, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

3235-0287 Number:

Expires:

January 31, 2005

0.5

Estimated average burden hours per

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * **GOODMAN BRUCE J**

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

HUMANA INC [HUM]

(Middle)

3. Date of Earliest Transaction

(Month/Day/Year)

11/09/2011

Director 10% Owner _ Other (specify

(Check all applicable)

_X__ Officer (give title below)

below) Sr. VP

HUMANA INC., 500 WEST MAIN STREET

(Street)

(First)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

LOUISVILLE, KY 40202

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Humana Common	11/09/2011		M	20,000	A	\$ 53.96	49,280	D	
Humana Common	11/09/2011		S	5,000	D	\$ 87	44,280	D	
Humana Common	11/09/2011		S	5,000	D	\$ 86.8106	39,280	D	
Humana Common	11/09/2011		S	5,000	D	\$ 86.8221	34,280	D	
Humana Common	11/09/2011		S	5,000	D	\$ 86.95	29,280	D	

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Humana Common	11/10/2011	M	50	A	\$ 53.96	29,330	D	
Humana Common	11/10/2011	S	50	D	\$ 87.13	29,280	D	
Humana Common	11/10/2011	S	1,000	D	\$ 86.375	28,280	D	
Humana Common	11/11/2011	M	15,404	A	\$ 53.96	43,684	D	
Humana Common	11/11/2011	M	13,544	A	\$ 62.1	57,228	D	
Humana Common	11/11/2011	S(12)	28,948	D	\$ 87.9231	28,280	D	
Humana Common	11/11/2011	S	5,000	D	\$ 87.65	23,280	D	
Humana Common						128	I	See Footnote (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	ransactionDerivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (2)	\$ 53.96	11/09/2011		M		20,000	(3)	02/23/2013	Humana Common	20,000
Options (2)	\$ 53.96	11/10/2011		M		50	(3)	02/23/2013	Humana Common	50
Options (2)	\$ 53.96	11/11/2011		M		15,404	(3)	02/23/2013	Humana Common	15,404
Options (2)	\$ 62.1	11/11/2011		M		13,544	<u>(4)</u>	02/22/2014	Humana	13,544

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				Common	
Options (2)	\$ 69.475	(5)	02/21/2015	Humana Common	39,597
Options (2)	\$ 41.83	<u>(6)</u>	02/19/2016	Humana Common	19,351
Options (2)	\$ 46.4	<u>(7)</u>	02/18/2017	Humana Common	17,311
Options (2)	\$ 61.18	<u>(9)</u>	02/17/2018	Humana Common	15,178
Restricted Stock Units (8)	(10)	(11)	(11)	Humana Common	3,432

Reporting Owners

Reporting Owner Name / Address	Relationships							
· t	Director	10% Owner	Officer	Othe				
GOODMAN BRUCE J								
HUMANA INC.			Sr. VP					
500 WEST MAIN STREET			SI. VF					
LOUISVILLE, KY 40202								

Signatures

Bruce J.

Goodman 11/14/2011

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock units held for the benefit of reporting person as of October 31, 2011 under the Humana Retirement & Savings Plan including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, both exempt under Rule 16b-3(c).
- (2) Right to buy pursuant to the Company's 2003 Stock Incentive Plan.
- (3) Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.
- (4) Incentive and Non-Qualified stock options granted to reporting person on 2/22/07, NQ options vesting in three increments from 2/22/08 to 2/22/10, and ISO's vesting on 2/22/10.
- (5) Incentive and Non-Qualified stock options granted to reporting person on 2/21/08, NQ options vesting in three increments from 2/21/09 to 2/21/11, and ISO's vesting on 2/21/11.
- Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/19/10 to 2/19/12.
- (7) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/18/11 to 2/18/13.
- (8) Right to receive one share per restricted stock unit pursuant to the Company's 2003 Stock Incentive Plan.

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- (9) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/17/12 to 2/17/14.
- (10) Each restricted stock unit represents a contingent right to receive one share of Humana Inc. common stock, exempt under Rule 16b-3(d)(1) & (3).
- (11) Restricted stock units granted to reporting person on 2/17/11, 100% of the award is vesting on 2/17/14.
- (12) The shares sold in multiple lots ranging from \$87.51 to \$88.15. The weighted average sale price was \$87.9231

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