Edgar Filing: Vestberg Hans Erik - Form 4

Vestberg Har Form 4									
March 29, 20 FORM Check thi if no long subject to	14 UNITED	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF							
Subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. r Filed pur ¹⁸ Section 17(inue.	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							urs per
(Print or Type R	Responses)								
,			2. Issuer Name and Ticker or Trading Symbol VERIZON COMMUNICATIONS INC [VZ]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	COMMUNICAT AVENUE OF TH			f Earliest Tr Day/Year) 2019	ransaction		X Director X Officer (give below) Characteristics		% Owner her (specify
			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tab	le I - Non-I	Dorivativa	Socurities A	Person cquired, Disposed	of or Beneficie	lly Owned
1.Title of2. Transaction Date2A. DeemedSecurity(Month/Day/Year)Execution Date, if(Instr. 3)any (Month/Day/Year)		ed Date, if	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Rep	ort on a separate line	e for each cla	ass of sec			(D) Price	or indirectly.		

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration E (Month/Day	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock (unitized)	(1)	03/27/2019		А	3,836.757	<u>(1)</u>	<u>(1)</u>	Common Stock	1,092

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Vestberg Hans Erik VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036	Х		Chairman and CEO			
Signatures						
William L. Horton, Jr., Attorney-in-fact for Hans Erik Vestberg			03/29/2019			
**Signature of Reporting Person			Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.