Edgar Filing: SILLIMAN CRAIG L. - Form 4

SILLIMAN Form 4 July 30, 201										
FORM								OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND E Washington, D.C.									OMB Number:	3235-028
Check th if no lon subject to Section Form 4 Form 5 obligation may con <i>See</i> Insta 1(b).	nger so 16. or Filed pur Dns stinue. Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Estimated burden hou response	urs per
(Print or Type	Responses)									
SILLIMAN CRAIG L. Sy V				2. Issuer Name and Ticker or Trading Symbol VERIZON COMMUNICATIONS INC [VZ]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Mont				Date of Earliest Transaction onth/Day/Year) /26/2018				Director 10% Owner X Officer (give title Other (specify below) below) EVP of PubPolicy & Gen Counsel		
Filed(Mc				nendment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 		
NEW YOR	K, NY 10036							Person	whore than one R	epotting
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities A	cquired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Execution Date, if		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder: Re	port on a separate line	e for each cl	ass of sec					or indirectly.		

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2 3. Transaction Date 3A. Deemed 4. 5. Number of 6. Date Exercisable and 7. Title and Amount of 8. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionDerivative Expiration Date Underlying Securities D (Month/Day/Year) (Instr. 3 and 4) Security or Exercise any Code Securities Se (Instr. 3) Price of (Month/Day/Year) Acquired (A) or (Instr. 8) (Iı Derivative Disposed of (D) Security (Instr. 3, 4, and 5) Code V (D) Date (A) Expiration Title Amount Exercisable Date or Number of Shares Phantom Common (1) (1) Stock (1) 07/26/2018 Α 150.256 42 Stock (unitized) **Reporting Owners Relationships Reporting Owner Name / Address** Other 10% Owner Officer Director SILLIMAN CRAIG L. VERIZON COMMUNICATIONS INC. EVP of PubPolicy & Gen Counsel **1095 AVENUE OF THE AMERICAS** NEW YORK, NY 10036 Signatures William L. Horton, Jr., Attorney-in-fact for Craig L. 07/30/2018 Silliman **Signature of Reporting Person Date **Explanation of Responses:**

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. Of the total(1) amount acquired, 75.128 shares of phantom stock may be reallocated into other plan investments. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.

(2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.