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National General Holdings Corp. Form 4

August 08,	2014												
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION										OMB APPROVAL			
Washington, D.C. 20549									N OMB Number:	3235-0287			
Check if no lo	this box onger	MENT OF	Expires:	January 31, 2005									
Section	subject to Section 16. Form 4 or							Estimated burden ho response	average urs per				
Form 5 obligat may co <i>See</i> Ins 1(b).	ions Section 17	(a) of the F	Public U		ding Co	mpany Ao	ct of 1	Act of 1934, 1935 or Secti					
(Print or Type	e Responses)												
1. Name and Paris Barb		2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer						
			National General Holdings Corp. [NGHC]					(Check all applicable)					
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)					_X_ Director 10% Owner Officer (give title Other (specify					
C/O NGH 38TH FLO	C, 59 MAIDEN L DOR		08/08/2				ľ	below)	below)				
	(Street)			endment, D	-	al			Joint/Group Fili	ing(Check			
NEW YO	RK, NY 10038		Filed(Mo	onth/Day/Yea	r)		-		y One Reporting F More than One R				
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securities			of, or Beneficia	ally Owned			
1.Title of	2. Transaction Date	2A. Deeme		3.	4. Securit		-	Amount of	6. Ownership	7. Nature of			
Security (Instr. 3)	(Month/Day/Year)	Execution l any	Date, if	Transactio Code	nAcquired Disposed			curities neficially	Form: Direct (D) or Indirect	Indirect Beneficial			
		(Month/Da	y/Year)	(Instr. 8)	(Instr. 3,		Ow Fol	ned lowing ported	(I) (Instr. 4)	Ownership (Instr. 4)			
				Code V	Amount	(A)or(D) Pric	Tra (Ins	insaction(s) str. 3 and 4)					
Reminder: R	eport on a separate lin	e for each cla	uss of sec	urities benet	ficially ow	ned directly	v or inc	directly.					
	I I				Perso inforr requi	ons who re nation co red to res ays a curr	espon ntaine pond	nd to the colle ed in this forn unless the fo valid OMB co	n are not rm	SEC 1474 (9-02)			
	Tal			curities Acq ls, warrants				eficially Owned rities)	d				
1. Title of Derivative		nsaction Date h/Day/Year)		eemed tion Date, if	4. Transac	5. Numl tionof Deriv		6. Date Exercis Expiration Dat		7. Title and Amount of Underlying Securities			

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8	8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		(Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock, \$.01 par value	\$ 18.02	08/08/2014		А		5,000		08/08/2015	08/08/2024	Common Stock, \$.01 par value	5,000

Reporting Owners

Reporting Owner Name / Address					
	Director	10% Owner	Officer	Other	
Paris Barbara C/O NGHC 59 MAIDEN LANE, 38TI NEW YORK, NY 10038	X				
Signatures					
/s/ Barbara Paris	08/08/2014	Ļ			
<u>**</u> Signature of Reporting Person	Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.