SKINNER GREGORY S

Form 4/A October 23, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Estimated average

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: January 31, Expires: 2005

0.5

OMB APPROVAL

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

burden hours per response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Ad SKINNER G	•	_	2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
C/O LANDEC CORPORATION, 3603 HAVEN AVENUE			(Month/Day/Year) 10/19/2017	Director 10% Owner _X_ Officer (give title Other (specify below) VP Finance and Admin & CFO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
MENLO PARK, CA 94025			Filed(Month/Day/Year) 10/23/2017	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned
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1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any		3. Transactio	4. Securities on Acquired (A) or Disposed of (D)		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial	
(msu. 3)		(Month/Day/Year)	(Instr. 8)		(Instr. 3, 4 and 5)		Owned Following	Indirect (I) (Instr. 4)	Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	10/20/2017		M		A		247,623	D	
Common Stock	10/20/2017		F	3,349	D	\$ 13	244,274	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number or Derivative Securities Acquired (Disposed of (Instr. 3, 4	(A) or of (D)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Am Underlying Sec (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	A on N of
Incentive Stock Option (Right to Buy)	\$ 12.65	10/19/2017		M	21,000		11/19/2017	10/19/2024	Common Stock	2
Right to Buy Restricted Stock Unit (RSU)	<u>(2)</u>	10/19/2017		M	7,000		<u>(1)</u>	10/19/2020	Common Stock	,
Right to Buy Restricted Stock Unit (RSU)	\$ 13	10/20/2017		M		8,913	10/20/2017(1)	10/20/2017	Common Stock	:

Reporting Owners

Reporting Owner Name / Address				•	
	Director	10% Owner	Officer		Other

Director 10% Owner Officer Other

Relationships

SKINNER GREGORY S C/O LANDEC CORPORATION 3603 HAVEN AVENUE MENLO PARK, CA 94025

VP Finance and Admin & CFO

Signatures

/s/ Shelley A
Hilt

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Units will vest on the 3rd anniversary of the grant date and will be automatically settled in shares of common stock subject to vesting at a rate of 1 share per unit.

Reporting Owners 2

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(2) The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

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