Edgar Filing: UNIFIRST CORP - Form 4

UNIFIRST CO Form 4										
January 19, 20	Л							PPROVAL		
	UNITED		URITIES . Washingtor			E COMMISSION	N OMB Number:	3235-0287		
Check this if no longer subject to Section 16. Form 4 or Form 5 obligations	Filed pur	suant to Sectio	SECU on 16(a) of t	RITIES he Securit	ies Excha	WNERSHIP OF nge Act of 1934, of 1935 or Sectio	Estimated burden hou response	urs per		
may contin See Instruct 1(b).	ue.		e Investmen	-						
(Print or Type Re	sponses)									
1. Name and Address of Reporting Person <u>*</u> Cohen Phillip L			2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (1		3. Date of Earliest Transaction							
68 JONSPIN ROAD			(Month/Day/Year) 01/15/2016			X_ Director10% Owner Officer (give titleOther (specify below) below)				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
WILMINGTO	ON, MA 01887					Form filed by Person	More than One R	eporting		
(City)	(State)	(Zip)	fable I - Non-	Derivative S	Securities A	Acquired, Disposed	of, or Beneficia	lly Owned		
	Transaction Date Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Yea	Code		A) or of (D) and 5) (A) or	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(D) Price	(motil 5 und 1)				
Reminder: Repor	t on a separate line	of or each class of a	securities bene	Person inform require	ns who res ation cont ed to resp	or indirectly. spond to the colle tained in this form ond unless the for ntly valid OMB co	n are not rm	SEC 1474 (9-02)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and Expiration	7. Title and An
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Date	Underlying Sec
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired		

number.

	Derivative Security				(A) orDisposed(D)(Instr. 3, and 5)				
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title
Stock Appreciation Right (2)		01/15/2016	А		1,335		01/15/2016 <u>(2)</u>	01/15/2024 <u>(2)</u>	Common Stock (\$0.10 par value)
Reportir	ig Owne	ers							

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
Cohen Phillip L 68 JONSPIN ROAD WILMINGTON, MA 01887	Х			
Signatures				
/s/ David Whitman, Attorney-in-Fact		01/19/2016		
** Signature of Reporting Person		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This stock appreciation right is exercisable in full on the grant date (1/15/2016) and must be settled in stock at the time of exercise. This(2) grant has an expiration date of the earlier of January 15, 2024 or the second anniversary of the date that the grantee ceases to be a member of the Board of Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.