

Balog Robert J
 Form 4
 December 31, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Balog Robert J

2. Issuer Name and Ticker or Trading Symbol
 KVH INDUSTRIES INC \DE\ [KVHI]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 Senior VP Engineering

(Last) (First) (Middle)
 KVH INDUSTRIES, INC., 50 ENTERPRISE CENTER
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 12/30/2009

MIDDLETOWN, RI 02842

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	12/30/2009		J ⁽¹⁾		3,418	A	\$ 10.11
Common Stock	12/30/2009		S ⁽²⁾		200	D	\$ 15.03
Common Stock	12/30/2009		S ⁽²⁾		200	D	\$ 14.78
Common Stock	12/30/2009		S ⁽²⁾		500	D	\$ 14.76
Common Stock	12/30/2009		S ⁽²⁾		800	D	\$ 15.04

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Common Stock	12/30/2009	S ⁽²⁾	718	D	\$ 15.1	41,430	D
Common Stock	12/30/2009	S ⁽²⁾	200	D	\$ 15.05	41,230	D
Common Stock	12/30/2009	S ⁽²⁾	500	D	\$ 15	40,730	D
Common Stock	12/30/2009	S ⁽²⁾	300	D	\$ 14.91	40,430	D
Common Stock	12/31/2009	J ⁽¹⁾	4,582	A	\$ 10.11	45,012	D
Common Stock	12/31/2009	S ⁽²⁾	4,582	D	\$ 14.69	40,430	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
Employee Stock Options-Right to Buy	\$ 10.11	12/30/2009		J ⁽³⁾	3,418	01/31/2009 ⁽⁴⁾ 03/03/2010	Common Stock 3
Employee Stock Options-Right to Buy	\$ 10.11	12/31/2009		J ⁽³⁾	4,582	01/31/2009 ⁽⁴⁾ 03/03/2010	Common Stock 4

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners

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Director 10% Owner Officer Other

Balog Robert J
KVH INDUSTRIES, INC.
50 ENTERPRISE CENTER
MIDDLETOWN, RI 02842

Senior VP Engineering

Signatures

Robert J. Balog 12/31/2009

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired via the exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- (2) Shares sold according to the terms of a Rule 10b5-1 trading plan established with ETRADE Securities LLC.
- (3) Exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- (4) Date option fully vested.
- (5) Represents total vested/unexercised options "beneficially owned".

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.