CHOICE HOTELS INTERNATIONAL INC /DE Form SC 13D/A March 31, 2014

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13D

Under the Securities Exchange Act of 1934

(Amendment No. 6)*

CHOICE HOTELS INTERNATIONAL, INC.

(Name of Issuer)

Common Stock

(Title of Class of Securities)

169905-10-6

(CUSIP Number)

Christine A. Shreve - 240-295-1600

8171 Maple Lawn Blvd, Suite 375, Fulton, MD 20759

(Name, Address and Telephone Number of Person

Authorized to Receive Notices and Communications)

March 31, 2014

(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(b) (3) or (4), check the following box ".

* The remainder of this cover page shall be filled out for a reporting person s initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 (Act) or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUS	IP No. 1	6990	05-10-6 13D	Page 2 of 4	
1	Name	of Re	eporting Person		
2	Stewart Bainum, Jr Check the Appropriate Box if a Member of a Group* (a) " (b) "				
3	SEC U	se O	nly		
4	Source of Funds				
5			if Disclosure of Legal Proceeding is Required Pursuant to Items $2(C)$ or $2(E)$ " or Place of Organization		
Num	USA	7	Sole Voting		
Sh	ares	8	6,296,909 Shared Voting Power		
E	ned by ach orting	9	7,800,056 Sole Dispositive Power		
	rson ith:	10	6,296,909 Shared Dispositive Power		

7,800,056

11 Aggregate Amount Beneficially Owned by Each Reporting Person

14,096,965

- 12 Check Box if the Aggregate Amount in Row (11) Excludes Certain Shares
- 13 Percent of Class Represented by Amount in Row (11)

24.0%

14 Type of Reporting Person

IN

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Item 1. Security and Issuer		
(a) Name of Issuer: Choice Hotels International, Inc.		
(b) Address of Issuer s Principal Executive O 1 Choice Circle, Suite 400	Offices:	
Rockville, MD 20850		
(c) Title and Class of Securities: Common Stock		
Item 2. Identity and Background		
(a) Name: Stewart Bainum, Jr.(Mr. Bainum or the Reporting Per	erson)	
(b) Business Address: 8171 Maple Lawn Blvd, Suite 375 Fulton, MD 20759		
(c) Present Principal Employment: Chairman, Choice Hotels International		
(d) Record of Convictions: During the last five years, the Reporting Person has not be violations or similar misdemeanors.)	een convicted in a criminal proceeding (exc	cluding traffic

Record of Civil Proceedings:

(e)

During the last five years, the Reporting Person was not a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating such activities subject to, federal or state securities laws or finding any violation with respect to such laws.

(f) Citizenship:

N/A

Item 3. Source and Amount of Funds or Other Consideration N/A

Item 4. Purpose of Transaction

Receipt of conditional option pursuant to administration of estate of Stewart Bainum, Sr., see Item 6 below.

Item 5. Interest in Securities of the Issuer

(a) Amount and percentage beneficially owned: Reporting Person:

14,096,965 shares including 1,614,860 shares owned by the Stewart Bainum, Jr. Declaration of Trust of which Mr. Bainum, Jr. is the sole trustee and beneficiary. Also includes 1,644,000 shares owned by Leeds Creek Holdings, LLC whose only member is Mr. Bainum, Jr. s trust; 978,482 shares owned by Mid Pines Associates Limited Partnership (Mid Pines), in which Mr. Bainum, Jr. s trust is managing general partner and has shared voting authority; 6,821,574 shares owned by Realty in which Mr. Bainum, Jr. s trust owns voting stock and has shared voting authority; 74,471 shares owned by the Foundation for Maryland s Future, a private foundation whose principal sponsor is Mr. Bainum, Jr. and for which he has sole voting authority; and 11,326 shares, which Mr. Bainum, Jr. has the right to receive upon termination of his employment with the Company pursuant to the terms of the Company s retirement plans.

Also includes, 2,667,853 shares owned by the Stewart Bainum Declaration of Trust (SBTrust), a trust whose beneficiary is the estate of Stewart Bainum, Mr. Bainum, Jr. s father, for which Mr. Bainum, Jr. is trustee. As part of the estate administration, Mr. Bainum, Jr. and his siblings, Barbara Bainum, Roberta Bainum, and Bruce Bainum, have the option exercisable through November 12, 2014 to purchase shares from the SB Trust at fair market value. As trustee of the SBTrust, Mr. Bainum, Jr. also has sole voting authority for 224,399 shares owned by Cambridge Investment Co., LLC and 60,000 shares owned by Dinwiddie Enterprises, Inc., a private investment company.

(b) Number of shares as to which such person has:

(i) Sole Voting Power

6,296,909

(ii) Shared Voting Power	7,800,056
(iii) Sole Dispositive Power	6,296,909
(iv) Shared Dispositive Power	7,800,056

(c) A schedule of transactions effected in the last sixty days is as follows:

None

(d) Ownership of more than five percent on behalf of Another Person:

To the extent that shares of the Issuer identified in Item 5(a) are held by corporations or partnerships, other shareholders and partners, respectively, have the right to receive dividends from, or the proceeds from the sale of the shares to the extent of their proportionate interests in such entities. To the best of the Reporting Person s knowledge, other than Stewart Bainum, Jr., Bruce Bainum, Roberta Bainum and Barbara Bainum, no other person has such interest relating to more than 5% of the outstanding class of securities.

(e) Ownership of Less than Five Percent:

N/A

Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer The Reporting Person and his siblings, Bruce Bainum, Barbara Bainum, and Roberta Bainum have the option exercisable through November 12, 2014 to acquire, subject to probate court approval, up to a total of 2,727,853 shares at fair market value from the Stewart Bainum Declaration of Trust, a trust whose beneficiary is the estate of their father, Stewart Bainum. The exact number of shares to be acquired by any particular beneficial owner, the price and timing cannot be known until the options are fully exercised and prorated and court approval is obtained.

Item 7. Material to be Filed as Exhibits None.

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Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: March 31, 2014

/s/ Stewart Bainum, Jr Stewart Bainum, Jr.

BY: /s/ Christine A. Shreve Christine A. Shreve, Attorney-in-fact