GOULD MATTHEW J

GREAT NECK, NY 11021

Form 4

November 20, 2008

OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB** 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **GOULD MATTHEW J** Issuer Symbol ONE LIBERTY PROPERTIES INC (Check all applicable) [OLP] (Last) (First) (Middle) 3. Date of Earliest Transaction _X_ Director 10% Owner Other (specify X_ Officer (give title (Month/Day/Year) below) 60 CUTTER MILL ROAD, SUITE 11/19/2008 SENIOR VICE PRESIDENT 303 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

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(City)	(State) (Zip) Table	e I - Non-D	erivative	Secur	ities A	equired, Disposed	of, or Benefic	ially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securion Acquired Disposed (Instr. 3,	(A) of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Stock							198,282 <u>(1)</u>	D	
Common Stock	11/19/2008		A	400	A	\$ 8.8	34,734	I	As custodian (2)
Common Stock							991,706	I	By limited partnership (3)
Common Stock							3,552	I	By spouse (4)

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 9. Ni Deriv Secu Bene Own Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Title	and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transac	ctionNumber	Expiration Da	ate	Amour	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	Derivative	e		Securit	ties	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date Exercisable	Expiration Date	Title 1	or	
									Number	
									of	
				Code	V (A) (D)				Shares	

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer

GOULD MATTHEW J 60 CUTTER MILL ROAD, SUITE 303

X

SENIOR VICE PRESIDENT

Other

Signatures

GREAT NECK, NY 11021

Matthew J. 11/20/2008 Gould

**Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes shares purchased under issuer's dividend reinvestment plan and shares held in reporting person's IRA and Keogh accounts and in money purchase pension plan.
- (2) Includes shares purchased under issuer's dividend reinvestment plan. Reporting person disclaims any beneficial interest in these shares.
 - Reporting person is president of managing general partner of Gould Investors L.P. Reporting person also holds limited partnership units
- (3) in Gould Investors L.P. These shares represent all shares of issuer owned by Gould Investors L.P. Includes shares purchased under issuer's dividend reinvestment plan.
- Reporting person disclaims any beneficial interest in these shares.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.