

Pinsak Christopher P
 Form 3
 February 10, 2011

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Pinsak Christopher P		(Month/Day/Year)	BJs RESTAURANTS INC [BJRI]	
(Last)	(First)	(Middle)	02/09/2011	
7755 CENTER AVENUE, SUITE 300			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
HUNTINGTON BEACH, CA 92647			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			Sr. Regional VP, Operations	<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	5,836 ⁽¹⁾	D	À

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Title			

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	Expiration Date	Amount or Number of Shares	or Indirect (I) (Instr. 5)
Non Qualified Stock Options	12/29/2011 ⁽²⁾ 12/29/2020	Common Stock 2,931 \$ 37.03	D Â
Non Qualified Stock Options	12/30/2010 ⁽²⁾ 12/30/2019	Common Stock 10,083 \$ 18.86	D Â
Non Qualified Stock Options	12/31/2009 ⁽²⁾ 12/31/2018	Common Stock 9,600 \$ 10.11	D Â
Non Qualified Stock Options	01/02/2009 ⁽²⁾ 01/02/2018	Common Stock 5,432 \$ 16.63	D Â
Non Qualified Stock Options	01/03/2008 ⁽²⁾ 01/03/2017	Common Stock 10,000 \$ 19.96	D Â
Non Qualified Stock Options	01/04/2007 ⁽²⁾ 01/04/2017	Common Stock 5,000 \$ 23.26	D Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Pinsak Christopher P 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647	Â	Â	Â Sr. Regional VP, Operations	Â

Signatures

Dianne Scott Attorney-in-Fact for Christopher P. Pinsak 02/10/2011

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares represent restricted stock options awards. 2,256 shares vesting in five equal installments beginning 1/2/2009; 2,500 shares vesting in five equal installments beginning on 12/31/2009; 1,080 shares vesting in five equal installments beginning on 12/29/2011.
- (2) The options vest 20% per year beginning on the first anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.