

Item 8.01 Other Events.

On May 18, 2011, USANA Health Sciences, Inc. issued a press release announcing that it plans to expand its operations into Thailand, which will be the Company's 10th market worldwide. The Company announced that it expects to begin operations in Thailand during the fourth quarter of 2011. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The Company will also post the press release, along with this Form 8-K, on its corporate website, www.usanahealthsciences.com.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated May 18, 2011(furnished herewith).

2

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ G. Douglas Hekking

G. Douglas Hekking, Chief Financial Officer

Date: May 18, 2011

3