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SHELLS SEAFOOD RESTAURANTS INC  
Form 424B3  
August 02, 2006

Prospectus Supplement Filed Pursuant to Rule 424(b)(3) and 424(c)  
(To Prospectus dated October 7, 2005) Commission File No. 333-126487

27,772,411 Shares

[LOGO]

Common Stock

This prospectus supplement supplements the prospectus dated October 7, 2005, which relates to the shares of our common stock that may be sold by the selling stockholders named therein.

This prospectus supplement should be read in connection with, and may not be delivered or utilized without, the prospectus dated October 7, 2005, and the prospectus supplements dated November 2, 2005, December 1, 2005, December 2, 2005, March 23, 2006, April 7, 2006, April 27, 2006 and May 1, 2006. This prospectus supplement is qualified by reference to the prospectus and the prospectus supplements, except to the extent that the information in this prospectus supplement updates or supersedes the information contained in the prospectus dated October 7, 2005, or the prospectus supplements dated November 2, 2005, December 1, 2005, December 2, 2005, March 23, 2006, April 7, 2006, April 27, 2006 and May 1, 2006.

Neither the Securities and Exchange Commission nor any state securities commission has approved or disapproved of these securities or determined if this prospectus supplement is truthful or complete. Any representation to the contrary is a criminal offense.

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The date of this prospectus supplement is August 2, 2006  
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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported) May 4, 2006

SHELLS SEAFOOD RESTAURANTS, INC.

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(Exact name of registrant as specified in its charter)

Delaware	0-28258	65-0427966
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(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)

16313 N. Dale Mabry Hwy, Suite 100, Tampa, FL

33618

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-----  
(Address of principal executive offices)

-----  
(Zip Code)

Registrant's telephone number, including area code (813) 961-0944

Not Applicable

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(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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ITEM 2.02. RESULTS OF OPERATIONS AND FINANCIAL CONDITION

Shells Seafood Restaurants, Inc. issued a press release on May 4, 2006 announcing its financial results for the first quarter of 2006. Included in the press release issued by the Company and furnished herewith as Exhibit 99.1 are certain non-GAAP financial measures. Management of the Company believes such non-GAAP financial measures are useful to investors assessing the financial condition and results of operations of the Company's core business operations because they exclude results which management believes are atypical and unlikely to occur with regularity in the future.

A copy of the press release is furnished as Exhibit 99.1 to this report and is incorporated herein by reference.

This information, including the press release filed as Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 nor shall it be deemed to be incorporated by reference in any filing under the Securities Act of 1933.

Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: May 10, 2006

SHELLS SEAFOOD RESTAURANTS, INC.

By: /s/ Warren R. Nelson  
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Warren R. Nelson  
Executive Vice President and CFO

Exhibit 99.1

Shells Seafood Restaurants, Inc.  
Reports First Quarter 2006 Earnings; Same Store Sales Increase 7.1%;  
Sixth Consecutive Quarterly Increase

Business Editors

TAMPA, Fla.--(BUSINESS WIRE)--May 4, 2006--Shells Seafood Restaurants, Inc. (OTC Bulletin Board:SHLL) today reported financial results for its first quarter ended April 2, 2006.

Key metrics for the first quarter of 2006 compared to the first quarter of 2005 were:

- Revenues increased 16.4% to \$14.6 million.
- Comparable restaurant sales increased 7.1%.
  - Sixth consecutive quarterly increase.
  - Comparable restaurant sales in the 16 remodeled restaurants increased 9.4%, compared to a decrease of 1.3% for the four non-remodeled restaurants.
  - The Lent season and Easter holiday occurred three weeks later this year than in fiscal 2005, which had an estimated unfavorable impact of 1.1% on first quarter 2006 comparable restaurant sales.
- Net income of \$0.3 million, compared to \$0.4 million.
- Diluted earnings per share of \$0.01, compared to \$0.03.

"Guests are impressed with the new Shells, and our sales momentum is strong," said President & CEO Leslie Christon, noting that guest satisfaction ratings for the quarter reached an all-time high. "With nearly all company-owned restaurants now remodeled using our bright new look; the challenge is to attract more new guests to experience what our regulars have been excited about. The investments to reenergize our concept have been significant, and while we're making steady progress, we've still got much work ahead to realize our objectives."

First Quarter 2006 Results

Revenues for the first quarter of 2006 increased 16.4% to \$14.6 million from \$12.5 million in the first quarter of 2005, partly due to a 7.1% increase in same store sales. The Company also benefited from a stronger mix of operating restaurants in the first quarter of 2006 versus the same period last year, having opened two new restaurants, relocated one restaurant, closed an underperforming restaurant and terminated the operations of a licensed restaurant. As of the end of the first quarter of 2006, the Company had 25 restaurants in operation compared to 26 units a year-ago.

Restaurant operating costs, consisting of food and beverage costs, labor and other operating costs, were \$12.4 million, or 85.5% of sales, in the first quarter of 2006, compared to \$10.4 million, or 83.6% of sales, in the first quarter of 2005. Food and beverage costs improved 0.9% as a percentage of sales compared to the prior year, because of higher menu pricing implemented to offset the effect of the Florida minimum wage increases, an improvement in liquor mix,

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and gains derived from better operational controls over food and beverage costs. Labor costs rose 0.6% as a percentage of sales compared to the prior year, mostly due to additional training costs, as well as, the effect of the Florida minimum wage increases on hourly labor. Other operating costs were negatively affected by increased utilities, insurance and occupancy costs, resulting in a 2.2% increase as a percentage of sales, compared to the prior year.

"During the first quarter, the benefits of positive same store sales momentum were offset by the margin pressure we faced, which hampered our efforts to improve earnings," Christon said. "For the balance of the year, we will stay vigilant in controlling our operating costs, while enhancing the guest experience."

General & administrative expenses were \$1.2 million, or 8.1% of revenues, in the first quarter of 2006 compared to \$0.9 million, or 7.3% of revenues, in the first quarter of 2005. The Company increased its resources for recruiting and training in the first quarter of 2006 in comparison to the same period last year.

Depreciation expense increased \$0.2 million, or 0.6% as a percentage of revenues, as compared to the prior year due to additional restaurant remodels and new and relocated restaurants. New restaurant pre-opening expense in the first quarter last year totaled \$0.3 million, or 2.4% of revenues, compared to no pre-opening expense in the first quarter of 2006.

Net interest expense in the first quarter of 2006 was \$0.1 million, or 0.5% of revenues, compared to net interest expense in the first quarter of 2005 of \$0.2 million, or 1.3% of revenues.

Including non-recurring items as summarized in the ensuing financial tables, net income for the first quarter of 2006 was \$0.3 million, or \$0.01 per diluted share based upon 26.5 million diluted common shares outstanding, compared to net income in the first quarter of 2005 of \$0.4 million, or \$0.03 per diluted share based upon 15.6 million diluted common shares outstanding. The increase in common shares outstanding is due to the securities issued in the Company's May 2005 private placement financing transaction.

### Annual Shareholder's Meeting

The Company will be holding its Annual Shareholder's Meeting on Thursday, May 18, 2006 at 10:00 AM EDT at its headquarters. The location is 16313 North Dale Mabry Highway, Tampa, FL 33618.

### About the Company

The Company manages and operates 25 full-service, neighborhood seafood restaurants in Florida under the name "Shells". Shells restaurants feature a wide selection of seafood items, including shrimp, oysters, clams, mussels, scallops, lobster, crab and daily fresh fish specials, cooked to order in a variety of ways: steamed, sauteed, grilled, blackened and fried. Shells restaurants also offer a wide selection of signature pasta dishes, appetizers, salads, desserts and full bar service.

### Forward-Looking Statements

In addition to seasonal fluctuations, the Company's quarterly and annual operating results are affected by a wide variety of other factors that could materially and adversely affect revenues and profitability, including changes in consumer preferences, tastes and eating habits; increases in food and labor costs; the availability of food acceptable to our quality standards at acceptable prices; the availability of qualified labor; national, regional and local economic and weather conditions; promotional timings and seasonality; demographic trends and traffic patterns; changes in travel and tourism tendencies, particularly in light of world events; competition from other restaurants and food service establishments; availability of third party financing to fund capital or operating activities, if required; and the timing, costs and charges relating to restaurant openings, closings and remodelings. As

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a result of these and other factors, the Company may experience material fluctuations in future operating results on a quarterly or annual basis, which could materially and adversely affect its business, financial condition and stock price. Furthermore, this press release and other documents filed by the Company with the Securities and Exchange Commission ("SEC") contain certain forward-looking statements with respect to the business of the Company and the industry in which it operates. These forward-looking statements are subject to certain risks and uncertainties, including those mentioned above, which may cause results to differ significantly from these forward-looking statements. The Company undertakes no obligation to update these forward looking statements on a regular basis. An investment in the Company involves various risks, including those mentioned above and those that are detailed from time-to-time in the Company's SEC filings.

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SHELLS SEAFOOD RESTAURANTS, INC.  
CONSOLIDATED STATEMENTS OF OPERATIONS (UNAUDITED)  
(In thousands, except per share data)

	Thirteen Week Period Ended			
	April 2, 2006		April 3, 2005	
	Amount	Percent	Amount	Percent
<b>Revenues:</b>				
Restaurant sales	\$ 14,545	99.7%	\$ 12,485	99.7%
Management fees	41	0.3%	41	0.3%
<b>Total revenues</b>	<b>14,586</b>	<b>100.0%</b>	<b>12,526</b>	<b>100.0%</b>
<b>Restaurant operating costs:</b>				
Food and beverage(1)	4,643	31.9%	4,097	32.8%
Labor(1)	4,357	30.0%	3,667	29.4%
Other(1)	3,436	23.6%	2,675	21.4%
<b>Total restaurant operating costs(1)</b>	<b>12,436</b>	<b>85.5%</b>	<b>10,439</b>	<b>83.6%</b>
General and administrative expenses	1,177	8.1%	911	7.3%
Depreciation and amortization	498	3.4%	348	2.8%
Pre-opening expenses	-	0.0%	300	2.4%
<b>Total costs and expense</b>	<b>14,111</b>	<b>96.7%</b>	<b>11,998</b>	<b>95.8%</b>
Income from operations	475	3.3%	528	4.2%
Other income (expense)	(143)	-1.0%	50	0.4%
Interest expense, net	(71)	-0.5%	(168)	-1.3%
<b>Net income</b>	<b>\$ 261</b>	<b>1.8%</b>	<b>\$ 410</b>	<b>3.3%</b>
<b>Net income per share:</b>				
Basic	\$ 0.02		\$ 0.03	
Diluted	\$ 0.01		\$ 0.03	
<b>Shares used in computing net income per share:</b>				
Basic	16,179		12,357	
Diluted	26,563		15,617	

SHELLS SEAFOOD RESTAURANTS, INC.  
(Dollars in thousands, except per share data)  
(Unaudited)

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	April 2, 2006	April 3, 2005
	-----	-----
Number of restaurants at end of period:		
Company-owned restaurants (1)	22	22
Licensed restaurants	3	4
	-----	-----
Total	25	26
	-----	-----
Balance sheet data:		
Cash	\$ 1,336	\$ 2,084
Working capital (deficiency)	(4,674)	(5,207)
Total assets	17,508	15,272
Long-term debt	1,813	3,207
Stockholders' equity	7,524	2,451

(1) Includes one joint venture restaurant in which the Company has a 51% equity interest.

	Thirteen Week Period Ended	
	April 2, 2006	April 3, 2005
	-----	-----
NON-RECURRING ITEMS:		
Net income, as reported	\$ 261	\$ 410
Non-recurring (expense) income:		
Lease termination fee	(23)	-
Lease buy-out option	-	600
Provision for impairment of assets due to lease-buyout	-	(211)
Loss on disposal of assets	-	(162)
Financing costs, line of credit fee	-	(80)
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Total non-recurring (expense) income	(23)	147
Pre-opening expenses	-	(300)
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Net income, excluding non-recurring items	284	563
	=====	=====
Net income per share:		
Diluted, as reported	\$ 0.01	\$ 0.03
Diluted, excluding non-recurring items	\$ 0.01	\$ 0.04

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CONTACT: Shells Seafood Restaurants, Inc.  
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or  
Integrated Corporate Relations  
Investors:  
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KEYWORD: FLORIDA

INDUSTRY KEYWORD: RESTAURANTS FOODS/BEVERAGES RETAIL EARNINGS

SOURCE: Shells Seafood Restaurants, Inc.