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TRUSTCO BANK CORP N Y
Form 13F-HR
April 17, 2012

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM 13F
FORM 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 03/31/2012

Check here if Amendment Amendment Number:
This Amendment is a restatement
 adds new holding entries

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY
Address: 5 SARNOWSKI DRIVE
GLENVILLE, NY 12302

13F File Number: 28-06657

The institutional investment Manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W. PROVOST
Title: SENIOR TRUST OFFICER
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W. PROVOST GLENVILLE, NY 04/17/2012
(Signature) (City, State) (Date)

Report Type (Check only one)
 13F HOLDINGS REPORT
 13F NOTICE
 13F COMBINATION REPORT

I AM SIGNING THIS REPORT AS REQUIRED BY THE SECURITIES EXCHANGE
ACT OF 1934

FORM 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
Form 13F Information Table Entry Total: 205
Form 13F Information Table Value Total: \$ 106,396

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List of Other Included Managers:

No.	13F File Number	Name
7000	028-10307	TRUSTCO BANK

FORM 13F INFORMATION TABLE

NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (X \$1000)	SHARES/ PRN	SH/ AMOUNT	PUT/ CALL	INVTMT DISCR	OT MA
AT&T INC	COM	00206R102	1531	49025	SH		DEFINED	70
AT&T INC	COM	00206R102	574	18385	SH		OTHER	70
ABBOTT LABORATORIES	COM	002824100	2674	43635	SH		DEFINED	70
ABBOTT LABORATORIES	COM	002824100	413	6745	SH		OTHER	70
AIR PRODUCTS & CHEMICALS INC	COM	009158106	422	4600	SH		DEFINED	70
ALCOA INC	COM	013817101	101	10100	SH		DEFINED	70
ALCOA INC	COM	013817101	7	700	SH		OTHER	70
ALLSTATE CORP	COM	020002101	173	5250	SH		DEFINED	70
ALLSTATE CORP	COM	020002101	40	1200	SH		OTHER	70
AMERICAN EXPRESS CO	COM	025816109	373	6450	SH		DEFINED	70
AMERICAN EXPRESS CO	COM	025816109	41	700	SH		OTHER	70
ANNALY CAPITAL MANAGEMENT INC	COM	035710409	156	9850	SH		DEFINED	70
ANNALY CAPITAL MANAGEMENT INC	COM	035710409	11	700	SH		OTHER	70
APPLIED MATERIALS INC	COM	038222105	851	68400	SH		DEFINED	70
APPLIED MATERIALS INC	COM	038222105	31	2500	SH		OTHER	70
AUTOMATIC DATA PROCESSING INC	COM	053015103	462	8373	SH		DEFINED	70
AUTOMATIC DATA PROCESSING INC	COM	053015103	17	300	SH		OTHER	70
BANK OF AMERICA CORP	COM	060505104	58	6050	SH		DEFINED	70
BANK OF AMERICA CORP	COM	060505104	52	5418	SH		OTHER	70
BHP BILLITON LTD	FOR	088606108	480	6625	SH		DEFINED	70
BHP BILLITON LTD	FOR	088606108	14	200	SH		OTHER	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	240	7116	SH		DEFINED	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	489	14486	SH		OTHER	70
CATERPILLAR INC	COM	149123101	289	2713	SH		DEFINED	70
CATERPILLAR INC	COM	149123101	88	830	SH		OTHER	70
CHEVRON CORP NEW	COM	166764100	2909	27130	SH		DEFINED	70
CHEVRON CORP NEW	COM	166764100	491	4579	SH		OTHER	70
CISCO SYSTEMS INC	COM	17275R102	748	35351	SH		DEFINED	70
CISCO SYSTEMS INC	COM	17275R102	45	2150	SH		OTHER	70
COCA COLA CO	COM	191216100	3503	47337	SH		DEFINED	70
COCA COLA CO	COM	191216100	822	11100	SH		OTHER	70
COLGATE PALMOLIVE CO	COM	194162103	1638	16752	SH		DEFINED	70
COLGATE PALMOLIVE CO	COM	194162103	326	3333	SH		OTHER	70
DISNEY WALT CO	COM	254687106	1565	35746	SH		DEFINED	70
DISNEY WALT CO	COM	254687106	363	8300	SH		OTHER	70

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DOW CHEMICAL CO	COM	260543103	368	10624	SH	OTHER	70
DOW CHEMICAL CO	COM	260543103	113	3271	SH	DEFINED	70
DU PONT E I DE NEMOURS & CO	COM	263534109	251	4750	SH	OTHER	70
DU PONT E I DE NEMOURS & CO	COM	263534109	84	1586	SH	DEFINED	70
ECOLAB INC	COM	278865100	646	10467	SH	OTHER	70
ECOLAB INC	COM	278865100	31	500	SH	DEFINED	70
EMERSON ELECTRIC CO	COM	291011104	248	4750	SH	OTHER	70
EMERSON ELECTRIC CO	COM	291011104	79	1513	SH	DEFINED	70
EXELON CORP	COM	30161N101	648	16517	SH	OTHER	70
EXELON CORP	COM	30161N101	109	2770	SH	DEFINED	70
EXXON MOBIL CORP	COM	30231G102	5819	67093	SH	OTHER	70
EXXON MOBIL CORP	COM	30231G102	2644	30487	SH	DEFINED	70
GENERAL ELECTRIC CO	COM	369604103	8351	416072	SH	OTHER	70
GENERAL ELECTRIC CO	COM	369604103	5280	263099	SH	DEFINED	70
GENERAL MILLS INC	COM	370334104	1043	26448	SH	OTHER	70
GENERAL MILLS INC	COM	370334104	398	10100	SH	DEFINED	70
GLAXOSMITHKLINE PLC	FOR	37733W105	334	7438	SH	OTHER	70
GLAXOSMITHKLINE PLC	FOR	37733W105	205	4566	SH	DEFINED	70
HEWLETT PACKARD CO	COM	428236103	212	8878	SH	OTHER	70
HEWLETT PACKARD CO	COM	428236103	93	3900	SH	DEFINED	70
HOME DEPOT INC	COM	437076102	343	6825	SH	OTHER	70
HOME DEPOT INC	COM	437076102	74	1464	SH	DEFINED	70
INTEL CORP	COM	458140100	2251	80062	SH	OTHER	70
INTEL CORP	COM	458140100	277	9868	SH	DEFINED	70
IBM CORP	COM	459200101	2502	11989	SH	OTHER	70
IBM CORP	COM	459200101	685	3283	SH	DEFINED	70
ISHARES	MUT	464287465	344	6276	SH	OTHER	70
ISHARES	MUT	464287465	10	175	SH	DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	1478	32141	SH	OTHER	70
JPMORGAN CHASE & CO	COM	46625H100	384	8356	SH	DEFINED	70
JACOBS ENGINEERING GROUP INC	COM	469814107	266	5999	SH	OTHER	70
JACOBS ENGINEERING GROUP INC	COM	469814107	9	200	SH	DEFINED	70
JOHNSON & JOHNSON	COM	478160104	3719	56390	SH	OTHER	70
JOHNSON & JOHNSON	COM	478160104	738	11182	SH	DEFINED	70
JOHNSON CONTROLS INC	COM	478366107	434	13350	SH	OTHER	70
JOHNSON CONTROLS INC	COM	478366107	39	1200	SH	DEFINED	70
KRAFT FOODS INC	COM	50075N104	142	3738	SH	OTHER	70
						DEFINED	70

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KRAFT FOODS INC	COM	50075N104	126	3302 SH	OTHER	70
					OTHER	70
ELI LILLY & CO	COM	532457108	151	3749 SH	DEFINED	70
ELI LILLY & CO	COM	532457108	59	1456 SH	OTHER	70
					OTHER	70
LOWES COMPANIES INC	COM	548661107	503	16034 SH	DEFINED	70
LOWES COMPANIES INC	COM	548661107	17	550 SH	OTHER	70
					OTHER	70
MASCO CORP	COM	574599106	166	12400 SH	DEFINED	70
MASCO CORP	COM	574599106	23	1700 SH	OTHER	70
MCDONALDS CORP	COM	580135101	74	750 SH	DEFINED	70
MCDONALDS CORP	COM	580135101	245	2495 SH	OTHER	70
MCGRAW HILL COS INC	COM	580645109	666	13742 SH	DEFINED	70
MCGRAW HILL COS INC	COM	580645109	15	300 SH	OTHER	70
					OTHER	70
MEDTRONIC INC	COM	585055106	1788	45626 SH	DEFINED	70
					DEFINED	70
MEDTRONIC INC	COM	585055106	67	1704 SH	OTHER	70
					OTHER	70
MERCK & CO INC	COM	58933Y105	205	5340 SH	DEFINED	70
MERCK & CO INC	COM	58933Y105	144	3761 SH	OTHER	70
					OTHER	70
MICROSOFT CORP	COM	594918104	3459	107251 SH	DEFINED	70
					DEFINED	70
MICROSOFT CORP	COM	594918104	202	6263 SH	OTHER	70
					OTHER	70
NBT BANCORP INC	COM	628778102	519	23486 SH	OTHER	70
NIKE INC	COM	654106103	1063	9799 SH	DEFINED	70
NIKE INC	COM	654106103	108	1000 SH	OTHER	70
					OTHER	70
NOKIA CORP	FOR	654902204	86	15750 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	118	1800 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	118	1800 SH	OTHER	70
ORACLE CORP	COM	68389X105	541	18550 SH	DEFINED	70
ORACLE CORP	COM	68389X105	16	547 SH	OTHER	70
PEPSICO INC	COM	713448108	2550	38427 SH	DEFINED	70
					DEFINED	70
PEPSICO INC	COM	713448108	275	4150 SH	OTHER	70
					OTHER	70
PFIZER INC	COM	717081103	605	26733 SH	DEFINED	70
PFIZER INC	COM	717081103	242	10688 SH	OTHER	70
					OTHER	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	229	2586 SH	DEFINED	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	343	3869 SH	OTHER	70
					OTHER	70
PROCTER & GAMBLE CO	COM	742718109	3703	55095 SH	DEFINED	70
					DEFINED	70
PROCTER & GAMBLE CO	COM	742718109	728	10827 SH	OTHER	70
					OTHER	70
SCHLUMBERGER LTD	COM	806857108	420	5999 SH	DEFINED	70
					DEFINED	70
SCHLUMBERGER LTD	COM	806857108	21	300 SH	OTHER	70
					OTHER	70
SOUTHERN CO	COM	842587107	1426	31745 SH	DEFINED	70
					DEFINED	70
SOUTHERN CO	COM	842587107	207	4608 SH	OTHER	70
					OTHER	70
STATE STREET CORP	COM	857477103	545	11975 SH	DEFINED	70
STATE STREET CORP	COM	857477103	41	900 SH	OTHER	70
					OTHER	70
TARGET CORP	COM	87612E106	551	9462 SH	DEFINED	70
TARGET CORP	COM	87612E106	79	1350 SH	OTHER	70

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TEXAS INSTRUMENTS INC	COM	882508104	453	13475	SH	OTHER	70
3M CO	COM	88579Y101	1432	16050	SH	DEFINED	70
3M CO	COM	88579Y101	410	4600	SH	OTHER	70
TRUSTCO BANK CORP NY	COM	898349105	2061	360943	SH	OTHER	70
						DEFINED	70
						DEFINED	70
TRUSTCO BANK CORP NY	COM	898349105	5931	1038767	SH	OTHER	70
UNITED PARCEL SERVICE	COM	911312106	524	6490	SH	DEFINED	70
UNITED PARCEL SERVICE	COM	911312106	77	950	SH	OTHER	70
						OTHER	70
UNITED TECHNOLOGIES CORP	COM	913017109	3151	37997	SH	DEFINED	70
						DEFINED	70
UNITED TECHNOLOGIES CORP	COM	913017109	228	2750	SH	OTHER	70
						OTHER	70
VANGUARD	MUT	922042858	2047	47100	SH	DEFINED	70
						DEFINED	70
VANGUARD	MUT	922042858	79	1820	SH	OTHER	70
						OTHER	70
						OTHER	70
VERIZON COMMUNICATIONS INC	COM	92343V104	1260	32948	SH	DEFINED	70
VERIZON COMMUNICATIONS INC	COM	92343V104	367	9602	SH	OTHER	70
						OTHER	70
WAL-MART STORES INC	COM	931142103	1592	26016	SH	DEFINED	70
WAL-MART STORES INC	COM	931142103	143	2330	SH	OTHER	70
						OTHER	70
WELLS FARGO & CO NEW	COM	949746101	1350	39550	SH	DEFINED	70
WELLS FARGO & CO NEW	COM	949746101	199	5823	SH	OTHER	70
						OTHER	70