

TRUSTCO BANK CORP N Y
Form 8-K
August 18, 2009

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT
TO SECTION 13 OR 15(D) OF THE
SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): August 18, 2009

TrustCo Bank Corp NY
(Exact name of registrant as specified in its charter)

NEW YORK
State or Other Jurisdiction of
Incorporation or Organization

0-10592
Commission File No.

14-1630287
I.R.S. Employer Identification Number

5 SARNOWSKI DRIVE, GLENVILLE, NEW YORK 12302
(Address of principal executive offices)

(518) 377-3311
(Registrant's Telephone Number,
Including Area Code)

NOT APPLICABLE
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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TrustCo Bank Corp NY

Item 5.02. Departures of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers

On August 18, 2009, the Board of Directors of TrustCo appointed Dennis De Gennaro as a new director. Mr. De Gennaro was also appointed to the audit, compensation and nominating and corporate governance committees of the board.

Mr. De Gennaro is the President and Chief Executive Officer of Camelot Associates Corporation, Schenectady, New York, a developer of residential housing and light commercial properties. TrustCo has hired Camelot Associates Corporation for various construction projects. The total amount of such contracts, including payments to subcontractors, was approximately \$600 thousand for 2009.

Attached is a copy of the press release labeled as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(c)	Exhibits
Reg S-K Exhibit No.	Description
99.1	Press release dated August 18, 2009 announcing the appointment of a new director.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: August 18, 2009

TrustCo Bank Corp NY
(Registrant)

By: /s/ Robert T. Cushing
Robert T. Cushing
Executive Vice President and
Chief Financial Officer

Exhibits Index

The following exhibits are filed herewith:

Reg S-K Exhibit No.	Description	Page
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