BROADY GEORGE K

Form 4 March 08, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Expires:

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **BROADY GEORGE K**

2. Issuer Name and Ticker or Trading

Symbol

NATURAL HEALTH TRENDS CORP [NHTC]

(Check all applicable)

5. Relationship of Reporting Person(s) to

(Last)

(First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year)

_X__ Director Officer (give title below)

_X__ 10% Owner __ Other (specify

751 CANYON DRIVE, SUITE 100 (Street)

02/13/2013

Stock

02/05/2013

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

2,569,997

D

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Issuer

COPPELL, TX 75019

(City)	(State) (Z	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	ned 3. 4. Securities Acquired n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)		5. Amount of Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	02/05/2013		Code V	Amount 46	or (D)	Price \$ 1.11	Transaction(s) (Instr. 3 and 4) 2,543,352	D	
Common Stock	02/07/2013		P	436	A	\$ 1.11	2,543,788	D	
Common Stock	02/08/2013		P	24,518	A	\$ 1.11	2,568,306	D	
Common Stock	02/12/2013		P	1,500	A	\$ 1.11	2,569,806	D	
Common	02/13/2013		D	101	٨	\$	2 560 007	D	

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Common Stock	02/20/2013	P	10,000	A	\$ 1.15	2,579,997	D
Common Stock	02/21/2013	P	8,300	A	\$ 1.15	2,588,297	D
Common Stock	02/26/2013	P	4,205	A	\$ 1.21	2,592,502	D
Common Stock	02/28/2013	P	13,909	A	\$ 1.24	2,606,411	D
Common Stock	03/04/2013	P	10	A	\$ 1.24		D
Common Stock	03/05/2013	P	14,400	A	\$ 1.24	2,620,821	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Tit	le and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	ite	Amou	ınt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/Y	Year)	Unde	rlying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities			(Instr	3 and 4)		(
	Security				Acquired						J
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	Title	or Number		
						Exercisable	Date	Title	of		
				Code V	(A) (D)				Shares		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Othe				
BROADY GEORGE K 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019	X	X						

Reporting Owners 2

Signatures

/s/ George K. Broady 03/08/2013

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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