EMCOR GROUP INC

Form 4

December 11, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CAMMAKER SHELDON I			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check air applicable)		
			(Month/Day/Year)	Director 10% Owner		
301 MERRITT SEVEN			12/09/2013	X Officer (give title Other (specify below)		
				EVP, Gen Counsel & Secretary		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
NORWALK, CT 06851				_X_Form filed by One Reporting PersonForm filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit omr Dispos (Instr. 3,	ed of (5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	,	
Common Stock	12/09/2013		M	5,000	A	\$ 10.958	86,728	D	
Common Stock	12/09/2013		S	2,000	D	\$ 40.36	84,728	D	
Common Stock	12/09/2013		S	1,000	D	\$ 40.37	83,728	D	
Common Stock	12/09/2013		S	2,000	D	\$ 40.3	81,728	D	
Common Stock	12/10/2013		M	10,000	A	\$ 10.958	91,728	D	

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Common Stock	12/10/2013	S	2,817	D	\$ 40.25	88,911	D
Common Stock	12/10/2013	S	983	D	\$ 40.26	87,928	D
Common Stock	12/10/2013	S	800	D	\$ 40.27	87,128	D
Common Stock	12/10/2013	S	400	D	\$ 40.28	86,728	D
Common Stock	12/10/2013	S	1,000	D	\$ 40.45	85,728	D
Common Stock	12/10/2013	S	1,000	D	\$ 40.46	84,728	D
Common Stock	12/10/2013	S	3,000	D	\$ 40.47	81,728 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	Expiration I (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (right to buy)	\$ 10.958	12/09/2013		M	5,000	(2)	01/01/2014	Common Stock	5,000	
Employee Stock Option (right to buy)	\$ 10.958	12/10/2013		M	10,000	(2)	01/01/2014	Common Stock	10,000	

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851

EVP, Gen Counsel & Secretary

Signatures

Sheldon I.

Cammaker 12/11/2013

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) 25% exercisable on 1/2/2004; 25% exercisable on 1/2/2005; 25% exercisable on 1/2/2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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