WOODS M TROY

Form 4

February 14, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Expires:

5 Relationship of Reporting Person(s) to

OMB APPROVAL

Check this box if no longer

Number: 3235-0287

Synirga: January 31,

subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per

Form 5 obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

See Instru

(Print or Type Responses)

1 Name and Address of Reporting Person *

WOODS M TROY			erson _	Symbol		M SERVICES INC	Issuer (Check all applicable)			
(Last) (First) (Middle)			liddle)	3. Date of (Month/Da		ransaction	_X_ Director _X_ Officer (giv below)	e title Oth		
	P. O. BOX 2	506		02/13/20)19		Chairman and CEO			
(Street)				4. If Amer	ndment, Da	ate Original	6. Individual or Joint/Group Filing(Check			
				Filed(Mon	th/Day/Year	r)	Applicable Line) _X_ Form filed by One Reporting Person			
	COLUMBU	S, GA 31902-250	06				Form filed by More than One Reporting Person			
	(City)	(State)	Zip)	Table	e I - Non-I	Derivative Securities Acq	quired, Disposed o	f, or Beneficial	lly Owned	
	1.Title of	2. Transaction Date			3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Nature o	
	Security	(Month/Day/Year)	Executio	n Date, if	Transacti	on(A) or Disposed of	Securities	Form: Direct	Indirect	
	(Instr. 3)		any		Code	(D)	Beneficially	(D) or	Beneficial	

(- 3)	()	1 able	e 1 - Non-D	erivative S	ecuriti	es Acq	juirea, Disposea o	i, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	02/13/2019		A	19,717 (1)	A	\$ 0	276,706	D	
Common Stock							39,623	I	Family Trust
Common Stock							2,279	I	Spouse
Common Stock							12,820	I	Trust
Common Stock							100,000	I	Grantor retained annuity

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trust 4 2018 Grantor retained Common 100,000 Ι annuity Stock trust 12 2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securitio
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee stock options (right to	\$ 91.93	02/13/2019		A	85,723	02/13/2019(2)	02/12/2029	Common Stock	85,7

Reporting Owners

Reporting Owner Name / Address	Relationships						
Treporting o mior riumo, raus sus	Director	10% Owner	Officer	Other			
WOODS M TROY P. O. BOX 2506 COLUMBUS, GA 31902-2506	X		Chairman and CEO				
Signatures							

buy)

Garilou Page, 02/14/2019 Attorney-in-Fact

**Signature of Reporting Person Date

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The reporting person received an award of 19,717 restricted stock units on February 13, 2019, which vest in three equal annual
- (1) installments on February 13, 2020, February 13, 2021 and February 13, 2022. Each restricted stock unit represents a right to receive one share of the Company's common stock upon vesting.
- (2) These employee stock options vest in three equal annual installments on February 13, 2020, February 13, 2021 and February 13, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.