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Vestberg Hans Erik Form 4	
July 30, 2018	OMB APPROVAL
	OMB AT HOVAL OMB Sumber: 3235-0287
Check this box if no longer subject to Section 16. SECURITIES	January 31, Expires: 2005 Estimated average burden hours per response 0.5
(Print or Type Responses)	
1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person * Vestberg Hans Erik 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person * Vestberg Hans Erik VERIZON COMMUNICATIONS 1. NC [VZ]	eporting Person(s) to ll applicable)
VERIZON COMMUNICATIONS 07/26/2018 below)	I 10% Owner Conter (specify below) bela Networks&CTO
(Street) 4. If Amendment, Date Original 6. Individual or Joint/ Filed(Month/Day/Year) 6. Individual or Joint/ Applicable Line) _X_ Form filed by One	
NEW YORK, NY 10036	e than One Reporting
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or	r Beneficially Owned
Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or (Instr. 3) any Code Disposed of (D) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned (I) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned (I) Following (Instr (A) or (Instr. 3 and 4)	wwnership 7. Nature of m: Direct Indirect or Indirect Beneficial Ownership tr. 4) (Instr. 4)
Code V Amount (D) Price (Institute and T) Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.	

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2 3. Transaction Date 3A. Deemed 4. 5. Number of 6. Date Exercisable and 7. Title and Amount of 8. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionDerivative Expiration Date Underlying Securities D (Month/Day/Year) (Instr. 3 and 4) Security or Exercise any Code Securities Se Price of (Month/Day/Year) Acquired (A) or (Instr. 3) (Instr. 8) (Iı Derivative Disposed of (D) Security (Instr. 3, 4, and 5) (D) Date Code V (A) Expiration Title Amount Exercisable Date or Number of Shares Phantom Common (1) (1) Stock (1) 07/26/2018 Α 130.486 37 Stock (unitized) **Reporting Owners** Relationships **Reporting Owner Name / Address** Officer Other Director 10% Owner Vestberg Hans Erik VERIZON COMMUNICATIONS INC. EVP & Pres-Global Networks&CTO Х **1095 AVENUE OF THE AMERICAS** NEW YORK, NY 10036 Signatures William L. Horton, Jr., Attorney-in-fact for Hans Erik 07/30/2018 Vestberg **Signature of Reporting Person Date **Explanation of Responses:**

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- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.