GAIA, INC

36269P104

Form SC 13G/A March 01, 2019
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
Schedule 13G
Under the Securities Exchange Act of 1934
(Amendment No. 13)1
Gaia, Inc.
(Name of Issuer)
Class A Common Stock, par value \$.0001 per share
(Title of Class of Securities)

(CUSIP Number)
December 31, 2018
(Date of Event Which Requires Filing of this Statement)
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:
[]Rule 13d-1(b)
[]Rule 13-d1(c)
[X]Rule 13-d1(d)
1The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.
The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).
(Continued on following page(s))

CUSIP No. 36269P104
1. Names of Reporting Persons.
I.R.S. Identification Nos. of above persons (entities only).
Jirka Rysavy
2. Check the Appropriate Box if a Member of a Group (See Instructions)
(a)
(b)
3. SEC Use Only
4. Citizenship or Place of Organization
United States

Number of Shares	5. Sole Voting Power:	5,766,682
Beneficially	6. Shared Voting Power:	
Owned by Each Reporting Person with:	7. Sole Dispositive Power:	5,766,682
	8. Shared Dispositive Power:	
9. Aggregate A	mount Beneficially Owned by	Each Reporting Person
5,766,682		
		9) Excludes Certain Shares (See Instructions)
	Class Represented by Amount	in Row (9)
32.2%		
	porting Person (See Instruction	
IN		



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Item 3. If this statement is filed pursuant to §§240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

- (a) Broker or dealer registered under section 15 of the Act (15 U.S.C. 780);
- (b) Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
- (c) Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);
- (d) Investment company registered under section 8 of the Investment Company Act, (15 U.S.C. 80a-8);
- (e) An investment adviser in accordance with §240.13d-1(b)(1)(ii)(E);
- (f) An employee benefit plan or endowment fund in accordance with §240.13d-1(b)(1)(ii)(F);
- (g) A parent holding company or control person in accordance with §240.13d (b)(1)(ii)(G);
- (h) A savings association as defined in section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);

(j) A non-U.S. institution in accor	dance with §240.13d–1(b)(1)(ii)(J);
(k) Group, in accordance with §24	0.13d-1(b)(1)(ii)(K).
If filing as a non-U.S. institutio	on in accordance with §240.13d–1(b)(1)(ii)(J), please specify the type of Institution:
Not applicable	
Item 4. Ownership.	
(a) Amount beneficially owned:(b) Percent of Class:	5,766,682 32.2%
(c) Number of shares as to which sperson has:	such
(i) Sole power to vote or to direct the vote:	5,766,682
(ii) Shared power to vote or to direct the vote:	0
(iii) Sole power to dispose or to direct the disposition of:	5,766,682
(iv) Shared power to dispose or to direct the disposition of:	0
Amounts above include 5,400,000	Class A shares obtainable upon conversion of Class B shares.
Item 5. Ownership of Five Percer	at or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the

beneficial owner of more than five percent of the class of securities, check the following.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.
Not applicable
Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.
Not applicable
Item 8. Identification and Classification of Members of the Group.
Not applicable
Item 9. Notice of Dissolution of Group.
Not applicable
Item 10. Certifications.
Not applicable

SIGNATURE
After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.
March 1, 2019 (Date)
/s/ Jirka Rysavy

Jirka Rysavy

(Signature)