ODELL RICHARD D

Form 4

August 02, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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(Instr. 4)

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response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ODELL RICHARD D			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			SAIA INC [SAIA]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
11465 JOHNS SUITE 400	CREEK PAI	RKWAY,	(Month/Day/Year) 08/01/2017	Director 10% Owner Officer (give title Other (specify below) President & CEO of Saia		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
JOHNS CREEK, GA 30097			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zin)				

(City)	(State) (Zip) Tabl	le I - Non-D	erivative Securities Acqu	uired, Disposed of	, or Beneficial	ly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	n(A) or Disposed of (D)	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)		Owned	Indirect (I)	Ownership

(111301. 5)		arry	Couc	(mon. J,	T and	3)	Deficitefally	(D) 01
		(Month/Day/Year)	(Instr. 8)				Owned	Indirect (I
							Following	(Instr. 4)
					()		Reported	
					(A)		Transaction(s)	
					or		(Instr. 3 and 4)	
			Code V	Amount	(D)	Price	(
Common	08/01/2017		S	6,400	D	\$ 53.71	9,033.5	D
Stock	08/01/2017		3	0,400	ע	53.71	9,033.3	ע

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		te	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	<u>(1)</u>					(2)	(3)	Common Stock	49,468.245
Stock Options (Right to Buy)	\$ 31.5					02/04/2017	02/03/2021	Common Stock	39,600
Stock Options (Right to Buy)	\$ 43.01					02/03/2018	02/03/2022	Common Stock	41,950
Stock Options (Right to Buy)	\$ 27.45					02/08/2019	02/08/2023	Common Stock	73,740
Stock Options (Right to Buy)	\$ 46.35					02/07/2020	02/07/2024	Common Stock	19,610

Reporting Owners

Reporting Owner Name / Address	porting Owner Name / Address				
	Director	10% Owner	Officer	Other	

ODELL RICHARD D 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

President & CEO of Saia

Signatures

/s/ Stephanie R. 08/02/2017 Maschmeier

**Signature of Reporting Date
Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The conversion rate of this derivative security on August 1, 2017 is 1.2000 resulting in 59,358.67 shares of common stock (underlying security in column 7).
- (2) Immediate
- The shares of phantom stock become payable in the Company's common stock upon reporting person's termination of service as an employee, in accordance with the terms of the Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.