SAIA INC Form 4 February 09, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB 3235-0287

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Check this box if no longer subject to Section 16. Form 4 or

SECURITIES Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

obligations may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Middle)

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * ODELL RICHARD D

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

SAIA INC [SAIA]

(Check all applicable)

11465 JOHNS CREEK PARKWAY, 02/07/2017

(First)

(Street)

(Month/Day/Year)

Director 10% Owner Other (specify Officer (give title

below)

SUITE 400

4. If Amendment, Date Original

3. Date of Earliest Transaction

President & CEO of Saia 6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

Person

JOHNS CREEK, GA 30097

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	02/07/2017		A	7,740 (1)	A	\$ 0	37,271.5	D		
Common Stock	02/07/2017		A	13,562 (2)	A	\$ 0	50,833.5	D		
Common Stock	02/07/2017		F	4,801 (3)	D	\$ 46.35	46,032.5	D		
Common Stock	02/07/2017		F	10,899 (4)	D	\$ 46.35	35,133.5	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number or Shares
Stock Options (Right to Buy)	\$ 46.35	02/07/2017		A	19,610		02/07/2020	02/07/2024	Common Stock	19,61
Phantom Stock	<u>(5)</u>						<u>(6)</u>	<u>(7)</u>	Common Stock	48,139.8
Stock Options (Right to Buy)	\$ 31.5						02/04/2017	02/03/2021	Common Stock	39,60
Stock Options (Right to Buy)	\$ 43.01						02/03/2018	02/03/2022	Common Stock	41,950
Stock Options (Right to	\$ 27.45						02/08/2019	02/08/2023	Common Stock	73,74

Reporting Owners

Buy)

Reporting Owner Name / Address

Director 10% Owner Officer Other

ODELL RICHARD D 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

President & CEO of Saia

Reporting Owners 2

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Signatures

/s/ Stephanie R. 02/09/2017 Maschmeier

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted shares granted as part of the long-term incentive program approved by the Compensation Committee. The restricted stock award cliff vests in year three.
- (2) Issuance of Performance Unit Awards under the 2011 Omnibus Incentive Plan for the 1/1/14-12/31/16 performance period.
- (3) Shares withheld at officer's election to cover tax liabilities incurred in connection with the vesting of restricted shares awarded in February 2012.
- (4) Shares withheld at officer's election to cover tax liabilities incurred upon the issuance of Performance Unit Awards under the 2011 Omnibus Incentive Plan for the 1/1/14-12/31/16 performance period.
- (5) The conversion rate of this derivative security on February 7, 2017 is 1.2036 resulting in 57,939.91 shares of common stock (underlying security in column 7).
- (6) Immediate
- (7) The shares of phantom stock become payable in the Company's common stock upon reporting person's termination of service as a Director.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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