Kirchmann John Form 4 December 17, 2018

Shares of

December 1									OMP /	ADDDOVAL		
FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check th			**************************************						Expires:	January 31,		
if no long subject to Section 1 Form 4 o	MENT OF	CHAN	GES IN SECUR		ICI <i>!</i>	AL OW	NERSHIP OF	Estimated average burden hours per response 0				
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type I	Responses)											
Kirchmann John Syr			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer				
			INVESTORS REAL ESTATE TRUST [IRET]					(Check all applicable)				
(Last)	(First) (1		3. Date of Earliest Transaction (Month/Day/Year)					Director 10% OwnerX_ Officer (give title Other (specify				
	TORS REAL ES 00 31ST AVE. S	TATE	12/13/20	-				below)	below) VP and CFO			
				endment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
MINOT, NI	O 58702							Person	iore than One R	Reporting		
(City)	(State)	(Zip)	Table	e I - Non-I	Derivative	Secu	rities Acq	uired, Disposed of	, or Beneficia	ally Owned		
1.Title of Security (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transactio Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A)	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Shares of Beneficial Interest				Code V	Amount	or (D)	Price	(Instr. 3 and 4) 2,846	I	Daughter's IRA		
Common Shares of Beneficial Interest								18,971	I	IRA		
Common	12/13/2018			P	6,820	A	\$ 5.26	62,391	D			

Beneficial Interest							
Common Shares of Beneficial Interest	12/13/2018	P	2,000	A	\$ 5.2585	64,391	D
Common Shares of Beneficial Interest	12/14/2018	P	1,500	A	\$ 5.185	65,891	D
Common Shares of Beneficial Interest	12/14/2018	P	8,397	A	\$ 5.2	74,288	D
Common Shares of Beneficial Interest	12/14/2018	P	1,278	A	\$ 5.19	75,566	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day/	6. Date Exercisable and Expiration Date (Month/Day/Year)			8. Price of Derivative Security (Instr. 5)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Reporting Owners 2

Kirchmann John C/O INVESTORS REAL ESTATE TRUST 1400 31ST AVE. SW, SUITE 60 MINOT, ND 58702

EVP and CFO

Signatures

/s/ Anne Olson, Attorney in Fact for John A. Kirchmann

12/17/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3