Lukow Bradley Form 4 March 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

\$0.001 per share

Common

Stock, par

03/04/2019

(Print or Type Responses)

1. Name and Address of Reporting Person * Lukow Bradley			2. Issuer Name and Ticker or Trading Symbol				-0	5. Relationship of Reporting Person(s) to Issuer		
			Sprouts Farmers Market, Inc. [SFM]				SFM]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check an applicable)		
			(Month/Day/Year)					Director		Owner
5455 EAST HIGH STREET, SUITE			03/01/2019					X Officer (give title Other (specify below)		
111								· · · · · · · · · · · · · · · · · · ·	Co-CEO and C	FO
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)					Applicable Line)		
DUOENUU						_X_ Form filed by One Reporting Person Form filed by More than One Reporting				
PHOENIX,						Person				
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of	ned 3. 4. Securities Acquired					5. Amount of 6. 7. Nature				
Security (Instr. 3)	(Month/Day/Year	n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)				Securities Ownership I Beneficially Form: Direct I	Indirect Beneficial			
(Instr. 3)		Day/Year) (Instr. 8)				~)	Owned (D) or Owners			
								Following Indirect (I) (Instr. 4)		
					(A)			Reported Transaction(s)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common				Code v	Amount	(D)	Titte			
Stock, par										
value	03/01/2019			F(1)	8,617	D	\$ 23.2	130,981	D	
\$0.001 per										
share										
Common										
Stock, par							Ф			
value	03/04/2019			F(1)	1,818	D	\$ 23.12	129,163	D	

23.12

\$0

149,895

D

20,732 A

A

value \$0.001 per share (2)

Common

Stock, par

\$ 23.12 147,237 (3) 2,658 D $F^{(1)}$ value 03/05/2019

\$0.001 per share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

3. Transaction Date 3A. Deemed 8. Price of 1. Title of 2. 4. 5. 6. Date Exercisable and 7. Title and (Month/Day/Year) Execution Date, if Amount of Derivative Derivative Conversion TransactionNumber **Expiration Date** Security or Exercise Code (Month/Day/Year) Underlying Security of(Instr. 3) Price of (Instr. 8) Derivative Securities (Instr. 5) (Month/Day/Year) Securities Derivative (Instr. 3 and 4) Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Amount Date Expiration Title Number Exercisable Date of Code V (A) (D) Shares

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

> > Interim Co-CEO and CFO

Lukow Bradley

5455 EAST HIGH STREET

SUITE 111

PHOENIX, AZ 85054

Signatures

/s/ Brandon F. Lombardi, Attorney-in-Fact for Bradley

Lukow 03/05/2019

> **Signature of Reporting Person Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were withheld to satisfy the withholding tax liability incurred upon the vesting of restricted stock.
- Consists of a grant of restricted stock units. Each restricted stock unit represents the right to receive, upon vesting, one share of common stock. These restricted stock units will vest over three years, with one-third vesting on March 4, 2020; one-third vesting on March 4, 2021; and the remaining one-third vesting on March 4, 2022, assuming continued employment through the applicable vest date.
 - Includes, in addition to the 20,732 shares described in Note (2), 85,229 shares of common stock, 24,055 restricted shares, and 17,221 performance share awards. Each restricted share and performance share award represents the right to receive, upon vesting, one share of
- (3) common stock. 12,091 restricted shares will vest on March 3, 2020 and 11,964 restricted shares will vest evenly over two years on March 5, 2020 and March 5, 2021. The 17,221 performance shares will vest on March 3, 2020. All such vests assume continued employment through the applicable dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.