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Shak Stever Form 4										
March 05, 2									OMB AF	PROVAL
FORM	A 4 UNITED	STATES					NGE C	OMMISSION	OMB	3235-0287
Check th	his box		Wa	shingtor	n, D.C. 20	1549			Number:	January 31,
if no lon subject t Section Form 4 Form 5	MENT O		SECU	Expires: Estimated a burden hour response	2005 verage					
obligatio may cor <i>See</i> Inst 1(b).	tinue. Section 17	(a) of the	Public U	Jtility Ho		npan	y Act of	1935 or Section		
(Print or Type	Responses)									
1. Name and A Shak Steve	Address of Reporting n	g Person <u>*</u>	Symbol		nd Ticker or ALTH IN			5. Relationship of H Issuer	Reporting Pers	on(s) to
(Last)	(First)	(Middle)			Fransaction		iii) Iii) Iii)	(Check	all applicable)
301 PENO	BSCOT DRIVE		(Month/ 03/01/2	Day/Year) 2019				Director X Officer (give t below) Chief So		Owner r (specify er
PEDWOO	(Street)	62		endment, I onth/Day/Ye	Date Origina ar)	ıl		6. Individual or Join Applicable Line) _X_ Form filed by Or Form filed by Mo	ne Reporting Per	son
	D CITY, CA 940							Person		
(City)	(State)	(Zip)		ole I - Non-			-	ired, Disposed of,		-
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	03/01/2019			М	25,000	A	\$ 28.05	360,479 <u>(1)</u>	I	Held by the Shak Family Trust
Common Stock (2)	03/01/2019			S	17,578	D	\$ 77.0756 (<u>3)</u> (<u>4)</u>	5 342,901 <u>(2)</u>	I	Held by the Shak Family Trust
Common Stock (2)	03/01/2019			S	7,322	D	\$ 77.5409 (<u>3)</u> (<u>5)</u>	0 335,579 <u>(2)</u>	I	Held by the Shak Family Trust

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Common Stock (2)	03/01/2019	S	100	D	\$ 78.35 (6)	335,479 <u>(1)</u>	Ι	Held by the Shak Family Trust
Common Stock	03/04/2019	М	7,500	A	\$ 28.05	342,979 <u>(1)</u>	Ι	Held by the Shak Family Trust
Common Stock (2)	03/04/2019	S	1,918	D	\$ 74.7585 (3) (7)	341,061 <u>(1)</u>	I	Held by the Shak Family Trust
Common Stock (2)	03/04/2019	S	2,356	D	\$ 75.7629 (3) (8)	338,705 <u>(1)</u>	Ι	Held by the Shak Family Trust
Common Stock (2)	03/04/2019	S	3,026	D	\$ 76.5876 (3) (9)	335,679 <u>(1)</u>	Ι	Held by the Shak Family Trust
Common Stock	03/04/2019	S	200	D	\$ 77.82 (<u>6)</u>	335,479 <u>(1)</u>	I	Held by the Shak Family Trust
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.								
			Pore	nne w	ing reenon	d to the collect		FC 1474

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of Transactio/Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 28.05	03/01/2019		М		25,000	(10)	01/31/2023	Common Stock	25,000

** * * *

(right to buy)								
Employee Stock Option (right to buy)	\$ 28.05	03/04/2019	М	7,500	(10)	01/31/2023	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address	Relationships						
F8	Director	10% Owner	Officer	Other			
Shak Steven 301 PENOBSCOT DRIVE REDWOOD CITY, CA 94063			Chief Scientific Officer				
Signatures							
/s/ Jason W. Radford.							

Attorney-in-fact 03/05/2019

**Signature of Reporting Person

Date

Explanation of Responses:

*	If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v).
**	Intentional misstatements or omissions of facts constitute Federal Criminal Violations. <i>See</i> 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
(1)	Includes an aggregate of 9,210 shares of common stock issuable pursuant to previously reported restricted stock units that have not vested.
(2)	These sales of common stock were effected pursuant to Rule 10b5-1 sales plan adopted by the reporting person on November 30, 2018.
(3)	Reporting person undertakes to provide upon request by the Securities and Exchange Commission, the issuer or a securityholder of the issuer detailed information regarding the price and number of shares sold within the range indicated.
(4)	Represents weighted average sale price. Actual sale prices ranged from \$76.35 to \$77.34.
(5)	Represents weighted average sale price. Actual sale prices ranged from \$77.35 to \$78.34.
(6)	Represents actual sale price.
(7)	Represents weighted average sale price. Actual sale prices ranged from \$74.22 to \$75.16.
(8)	Represents weighted average sale price. Actual sale prices ranged from \$75.22 to \$76.20.
(9)	Represents weighted average sale price. Actual sale prices ranged from \$76.23 to \$77.09.
(10)	The option became exercisable as to 25% of the shares on January 31, 2014, and became exercisable as to 1/48th of the shares each full month thereafter.
Note: File thre	ee copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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