Chiu Shin-Shing Bosco Form 4 January 23, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * Chiu Shin-Shing Bosco | | g Person * | 2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF] | 5. Relationship of Reporting Person(s) to Issuer | | |
|---|--------------|------------|---|---|--|--|
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction | (Check all applicable) | | |
| , , | MPIC BOULI | , | (Month/Day/Year) 01/19/2018 | Director 10% Owner _X Officer (give title Other (specif below) Principal Accounting Officer | | |
| | (Street) | | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | |
| LOS ANGEI | LES, CA 9001 | 5 | | Form filed by More than One Reporting Person | | |

| (City) | (State) (| (Zip) Tabl | e I - Non-D | erivative | Secur | ities Acq | uired, Disposed o | f, or Beneficial | ly Owned |
|--------------------------------------|---|---|---|-----------|------------------|--|--|---|----------|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) | | | 5. Amount of 6. Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | Code V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | (Instr. 4) | |
| Common Stock | 01/19/2018 | | M(1) | 6,038 | A | \$ 22.94 | 6,038 | D | |
| Common Stock | 01/19/2018 | | D(2) | 1,899 | D | \$ 72.97 | 4,139 | D | |
| Common Stock | 01/19/2018 | | F(2) | 1,521 | D | \$ 72.97 | 2,618 | D | |
| Common Stock | 01/23/2018 | | S(1) | 2,618 | D | \$ 74.87 | 0 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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5. Number

6. Date Exercisable and

SEC 1474 (9-02)

7. Title and Amount

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

3. Transaction Date 3A. Deemed

| Derivative Security (Instr. 3) | Conversion or Exercise Price of Derivative Security | (Month/Day/Year) | Execution Date, if any (Month/Day/Year) | Transactic Code (Instr. 8) | omf Derivative Securities Acquired (A) or Disposed of | | Expiration Date (Month/Day/Year) | | Underlying Securities (Instr. 3 and 4) | |
|--------------------------------------|---|------------------|---|----------------------------------|---|-----|----------------------------------|--------------------|---|------------------------------------|
| | | | | | (D) (Instr. 3, and 5) | | | | | |
| | | | | Code V | (A) (| (D) | Date Exercisable | Expiration Date | Title | Amou or Numb of Shares |
| Stock Appreciation Rights | \$ 22.94 | 01/19/2018 | | M(1) | | . , | 05/07/2013 | 05/07/2020 | Common Stock | 6,03 |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Chiu Shin-Shing Bosco 800 W. OLYMPIC BOULEVARD, SUITE 406 LOS ANGELES, CA 90015

Principal Accounting Officer

Signatures

1. Title of

/s/ Eileen Uy, Attorney-in-Fact for Shin-Shing Bosco Chiu.

01/23/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 9, 2017.

The reporting person received 2,618 shares of common stock upon the net exercise of 6,038 stock appreciation rights ("SARs"). The reporting person forfeited 1,899 shares of common stock underlying such SARS in payment of the exercise price and 1,521 shares of common stock underlying such SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on January 19, 2018 of \$72.97.

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Reporting Owners 2