### Edgar Filing: CONTANGO OIL & GAS CO - Form 4

CONTANGO Form 4 April 20, 201	) OIL & GAS C 7	С								
FORM	1 4									PPROVAL
FORM 4 UNITED STATES SECURITIES AND EXCHANGE ( Washington, D.C. 20549						COMMISSION	OMB Number:	3235-0287		
Check this box if no longer STATEMENT OF CHANK									Expires:	January 31,
	subject to STATEMENT OF CHAN					CIAI	LOW	NERSHIP OF	Estimated a	2005 average
Section 16.				SECURITIES					burden hours per	
Form 4 or Form 5		suant to	Section 10	5(a) of the	- Securiti	es Fx	chano	e Act of 1934,	response 0.5	
obligation	<sup>18</sup> Section 17(						•	f 1935 or Section	n	
may conti <i>See</i> Instru 1(b).	inue.		of the In	•	<b>.</b>					
(Print or Type R	Responses)									
METCALF JAMES J JR Symbol							5. Relationship of Reporting Person(s) to Issuer			
				ONTANGO OIL & GAS CO ICF]				(Check all applicable)		
(Last)	(First) (I	Middle)	3. Date of	Earliest Tra	ansaction			Director		Owner
717 TEXAS ST STE 2900         (Month/E           04/18/2			h/Day/Year) 8/2017				XOfficer (give titleOther (specify below) below) SVP-Operations			
			ndment, Date Original			6. Individual or Joint/Group Filing(Check				
			Ionth/Day/Year)				Applicable Line)			
HOUSTON,	TX 77002							_X_ Form filed by 0 Form filed by N Person		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	ecurit	ies Acc	uired, Disposed of	, or Beneficial	lly Owned
1.Title of			emed	3. 4. Securities Acquired				5. Amount of	6. Ownership Form: Direct (D) or	7. Nature of
Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any		Transaction(A) or Disposed of Code (D)						
			(Month/Day/Year)					Owned I	· /	Ownership (Instr. 4)
								Following Reported		
						or		Transaction(s) (Instr. 3 and 4)		
Comment				Code V	Amount	(D)	Price	(mour. 5 and +)		
Common Stock	04/18/2017			A <u>(1)</u>	22,063	А	\$0	52,063	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative2.Derivative SecurityConve or Exe (Instr. 3)Price of Deriva Security	rcise of ative		4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans
			Code V	of (D) (Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

### Edgar Filing: CONTANGO OIL & GAS CO - Form 4

# **Reporting Owners**

Reporting Owner Name / Addr	'ess	Relationships							
	Director	10% Owner	Officer	Other					
METCALF JAMES J JR 717 TEXAS ST STE 2900 HOUSTON, TX 77002			SVP-Operations						
Signatures									
/s/ John A. Thomas	04/20/2017								
<u>**</u> Signature of	Date								

## Reporting Person Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reporting person was awarded 22,063 shares of restricted stock of the Issuer pursuant the Issuer's Amended and Restated 2009
 (1) Incentive Compensation Plan. Of these shares of restricted stock, 33% will vest on each of April 18, 2018 and 2019, and 34% will vest on April 18, 2020 should the reporting person remain an employee of the Issuer on the pertinent vesting date absent earlier vesting pursuant to the terms of the restricted stock award agreement.

#### **Remarks:**

This Form 4 has been signed by John A. Thomas, Secretary of Contango Oil & Gas Company, on behalf of Mr.Metcalf, pursu

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.