Edgar Filing: Approach Resources Inc - Form 4

Approach Re	sources Inc									
Form 4										
January 06, 2	015									
FORM 4 UNITED STATES SECURITIES AND EVOLUM								OMB APPROVAL		
-	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMB Number:	3235-0287		
Check this								Expires:	January 31,	
if no long subject to	NGES IN I	GES IN BENEFICIAL OWNERSHIP O				Estimated average 200				
-	Section 16. SEC				ECURITIES				rs per	
Form 4 or	Form 4 or						response	•		
Form 5 obligation		suant to Section								
may conti		a) of the Public U						n		
<i>See</i> Instru 1(b).		30(h) of the l	nvestment	Company	/ Act	of 194	40			
(Print or Type R	esponses)									
Whyte Christopher J. S. A			2. Issuer Name and Ticker or Trading Symbol Approach Resources Inc [AREX]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
6262 WOOD	DWAY DRIVE, S		Day/Year)				X_ Director Officer (give		Owner er (specify	
350 WOOL	JWAI DRIVE, S	SUITE 01/02/	2015				below)	below)	(-F)	
550		4 76 4	1 (D						(6) 1	
			I. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check			
		Flied(M	onth/Day/Year))			Applicable Line) _X_ Form filed by (One Reporting Pe	erson	
HOUSTON,	TX 77057						Form filed by M Person			
(City)	(State)	(Zip) Ta	ble I - Non-D	erivative S	ecurit	ies Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of	2. Transaction Date		3.	4. Securit				6. Ownership		
Security (Instr. 3)	(Month/Day/Year)	Execution Date, i	Transactio Code	on(A) or Dia (D)	sposed	of		Form: Direct (D) or	Indirect Beneficial	
(Instr. 5)		any (Month/Day/Year						Indirect (I)	Ownership	
						Following	e v v v			
					(A)		Reported			
					or		Transaction(s) (Instr. 3 and 4)			
G			Code V		(D)	Price	(insure und 1)			
Common Stock	01/02/2015		А	13,519 (1)	А	\$0	61,506	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deri Secu Bene Own Follo Repo Tran (Inst
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
I B	Director	10% Owner	Officer Other				
Whyte Christopher J. 6363 WOODWAY DRIVE SUITE 350 HOUSTON, TX 77057	X						
Signatures							
J. Curtis Henderson, attorney-in-fact		01/06/2015	5				
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of the issuer's common stock awarded to the reporting person for payment of director fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.