ARC DOCUMENT SOLUTIONS, INC.

Form 4 March 19, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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obligations

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may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person 2 Roy Rahul K	2. Issuer Name and Ticker or Trading Symbol ARC DOCUMENT SOLUTIONS, INC. [ARC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) C/O ARC DOCUMENT SOLUTIONS, INC., 1981 N. BROADWAY, SUITE 385	3. Date of Earliest Transaction (Month/Day/Year) 03/18/2014	Director 10% Owner _X Officer (give title Other (specify below) Chief Technology Officer		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
WALNUT CREEK CA 94596		Form filed by More than One Reporting		

Person

WALNUT CREEK, CA 94596

(City)	(State)	(Zip) Tabl	e I - Non-D)erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially (D) or Owned Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	((
Common Stock							43,253	D	
Common Stock	03/18/2014		M	600	A	\$ 5.852	43,853	D	
Common Stock	03/18/2014		S	600	D	\$ 7.225	43,253	D	
Common Stock	03/18/2014		M	1,200	A	\$ 5.852	44,453	D	
	03/18/2014		S	1,200	D	\$ 7.23	43,253	D	

Common Stock						
Common Stock	03/18/2014	M	200	A	\$ 5.852 43,453	D
Common Stock	03/18/2014	S	200	D	\$ 7.235 43,253	D
Common Stock	03/18/2014	M	2,228	A	\$ 5.852 45,481	D
Common Stock	03/18/2014	S	2,228	D	\$ 7.24 43,253	D
Common Stock	03/18/2014	M	2,453	A	\$ 5.852 45,706	D
Common Stock	03/18/2014	S	2,453	D	\$ 7.25 43,253	D
Common Stock	03/18/2014	M	2,600	A	\$ 5.852 45,853	D
Common Stock	03/18/2014	S	2,600	D	\$ 7.26 43,253	D
Common Stock	03/18/2014	M	1,100	A	\$ 5.852 44,353	D
Common Stock	03/18/2014	S	1,100	D	\$ 7.27 43,253	D
Common Stock	03/18/2014	M	981	A	\$ 5.852 44,234	D
Common Stock	03/18/2014	S	981	D	\$ 7.28 43,253	D
Common Stock	03/18/2014	M	700	A	\$ 5.852 43,953	D
Common Stock	03/18/2014	S	700	D	\$ 7.29 43,253	D
Common Stock	03/18/2014	M	733	A	\$ 5.852 43,986	D
Common Stock	03/18/2014	S	733	D	\$ 7.3 43,253	D
Common Stock	03/18/2014	M	279	A	\$ 5.852 43,532	D
Common Stock	03/18/2014	S	279	D	\$ 7.31 43,253	D
Common Stock	03/18/2014	M	700	A	\$ 5.852 43,953	D
	03/18/2014	S	700	D	\$ 7.32 43,253	D

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Common Stock						
Common Stock	03/18/2014	M	561	A	\$ 5.852 43,814	D
Common Stock	03/18/2014	S	561	D	\$ 7.33 43,253	D
Common Stock	03/18/2014	M	300	A	\$ 5.852 43,553	D
Common Stock	03/18/2014	S	300	D	\$ 7.34 43,253	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number coof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	600	05/01/2010(1)	05/30/2014	Common Stock	600
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	1,200	05/01/2010(1)	05/30/2014	Common Stock	1,200
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	200	05/01/2010(1)	05/30/2014	Common Stock	200
Stock Option	\$ 5.852	03/18/2014		X	2,228	05/01/2010(1)	05/30/2014	Common Stock	2,228

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(right to buy)								
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	2,453	05/01/2010(1)	05/30/2014	Common Stock	2,453
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	2,600	05/01/2010(1)	05/30/2014	Common Stock	2,600
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	1,100	05/01/2010(1)	05/30/2014	Common Stock	1,100
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	981	05/01/2010(1)	05/30/2014	Common Stock	981
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	700	05/01/2010(1)	05/30/2014	Common Stock	700
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	733	05/01/2010(1)	05/30/2014	Common Stock	733
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	279	05/01/2010(1)	05/30/2014	Common Stock	279
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	700	05/01/2010(1)	05/30/2014	Common Stock	700
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	561	05/01/2010(1)	05/30/2014	Common Stock	561
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	300	05/01/2010(1)	05/30/2014	Common Stock	300

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596

Chief Technology Officer

Signatures

/s/ Rahul K. Roy 03/19/2014

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Remarks:

3/18/2014 - FORM A

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