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Doleshek Ri Form 4	ichard J										
May 11, 201	1										
FORM 4 LINITED STATES SECURITIES AND EXCHANCE COMMISSION										APPROVAL	
Washington, D.C. 20549							N OMB Number:	3235-0287			
Check th if no lon subject to Section 1 Form 4 of Form 5 obligation may con See Instr	ger o 16. or Filed pur ons tinue.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated burden he response	•	
1(b).											
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> Doleshek Richard J			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer			
			QEP RESOURCES, INC. [QEP]					(Check all applicable)			
(Last) (First) (Middle) 1050 17TH STREET, SUITE 500			3. Date of Earliest Transaction(Month/Day/Year)05/09/2011					Director 10% Owner X_ Officer (give title Other (specify below) EVP, CFO & TR			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
DENVER,	CO 80265							Person	whole than one	Kepolung	
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secu	rities Acc	quired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactic Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3, Amount	spose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	05/09/2011			F	8,216	D	\$ 41.92	133,595	D		
Common Stock								592.1205 <u>(1)</u>	Ι	Employee Investment Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	 7. Title and Amount of Underlying Securities (Instr. 3 and 4) 		8. De See (In
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock Units	\$ O					(2)	(2)	Phantom Stock Units	4,290.398	
Phantom Stock Units	\$ 0					(3)	(3)	Phantom Stock Units	15,784	
Stock Option	\$ 39.07					(4)	02/25/2018	Common Stock	30,958	
Stock Option	\$ 22.95					(5)	05/07/2016	Common Stock	0	
Stock Option	\$ 27.55					(6)	03/05/2017	Common Stock	0	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Doleshek Richard J 1050 17TH STREET, SUITE 500 DENVER, CO 80265			EVP, CFO & TR				
Signatures							
Abigail L. Jones, Attorney in Fact	05/1	1/2011					

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) As of May 10, 2011, I have 592.1205 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as QEP's stock price changes; this fluctuation does not reflect any transactions that should be reported.

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Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP(subject to 6-month delay if necessary to comply with IRC 409A), (ii) death or (iii)

- (2) person's (f) separation from service from QEP (subject to 0-month deray in necessary to comply with IRC 409A), (ii) death of (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- (3) These phantom stock units are associated with QEP's Long Term Cash Incentive Plan.
- (4) The option vests in three annual installments beginning on March 5, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- (5) The option vests on May 7, 2012, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- (6) The option vests in three annual installments which began on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.