#### **NBT BANCORP INC**

Form 4 June 22, 2005

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

Check this box if no longer

January 31, Expires: 2005

**OMB APPROVAL** 

subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

Bancorp

Common Stock **NBT** 

Bancorp

Inc.

(Print or Type Responses)

1. Name and Address of Reporting Person \* FORSYTHE DARYL R

2. Issuer Name and Ticker or Trading Symbol

NBT BANCORP INC [NBTB]

5. Relationship of Reporting Person(s) to

Issuer

(Middle)

(Check all applicable)

**52 SOUTH BROAD STREET** 

(First)

(Street)

06/20/2005

3. Date of Earliest Transaction

(Month/Day/Year) 06/20/2005

\_X\_\_ Director 10% Owner Other (specify X\_ Officer (give title

CEO NBT Bancorp

below)

below)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

108,675.691

8,585.849

D

I

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

NORWICH, NY 13815

	•					P	erson		
(City)	(State)	(Zip) Tab	le I - Non-	Derivative	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	06/20/2005				` '		111,775.691	D	
NBT									

3,100

D

\$ 24

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401k

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Inc.

Common

Stock

NBT

Bancorp			NBT
Inc.	2,758.846	I	Bancorp
Common			ESOP
Stock			

NBT

Bancorp
Inc. 1,511 I by
Common Spouse

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secur Acqui (A) or	rivative ities ired rosed of . 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and	Seci
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or N
Non-Qualified Stock Option (right to buy)	\$ 18.1632	06/20/2005		M		3,100	01/27/1999(1)	01/27/2008	NBT Bancorp Inc. Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 14.3492						01/28/2003(1)	01/28/2012	NBT Bancorp Inc. Common Stock	2
Non-Qualified Stock Option (right to buy)	\$ 16.0625						01/22/2002(1)	01/22/2011	NBT Bancorp Inc.	1

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				Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 17.538	01/01/2004(1)	01/01/2013	NBT Bancorp Inc. Common Stock	2
Non-Qualified Stock Option (right to buy)	\$ 19.7917	08/11/2005(2)	08/11/2013	NBT Bancorp Inc. Common Stock	Ą
Non-Qualified Stock Option (right to buy)	\$ 19.7925	08/14/2005(2)	08/14/2013	NBT Bancorp Inc. Common Stock	$\epsilon$
Non-Qualified Stock Option (right to buy)	\$ 19.8125	08/12/2005(2)	08/12/2013	NBT Bancorp Inc. Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 20.0558	08/05/2005(2)	08/05/2013	NBT Bancorp Inc. Common Stock	۷
Non-Qualified Stock Option (right to buy)	\$ 20.441	04/28/2001(2)	04/28/2009	NBT Bancorp Inc. Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 20.5952	01/26/2000(1)	01/26/2009	NBT Bancorp Inc. Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 22.1715	01/01/2005(1)	01/01/2014	NBT Bancorp Inc. Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 22.3517	09/01/2006(2)	09/01/2014	NBT Bancorp Inc. Common	ç

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				Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4075	09/08/2006(2)	09/08/2014	NBT Bancorp Inc. Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(1)	01/20/2015	NBT Bancorp Inc. Common	3

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
reporting Owner Funite / Funitess	Director	10% Owner	Officer	Other			
FORSYTHE DARYL R 52 SOUTH BROAD STREET NORWICH, NY 13815	X		CEO NBT Bancorp				

# **Signatures**

By: Michael J. Chewens, Power of Attorney For: Daryl R.
Forsythe

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

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