HELEN OF TROY LTD

Form 4 May 02, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Expires:

Check this box if no longer subject to

HANGES IN BENEFICIAL OWNERSHIP OF

Number: 3235-0287

Synings: January 31,

OMB APPROVAL

subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Ad Meeker Timo	_	orting Person *	2. Issuer Name and Ticker or Trading Symbol HELEN OF TROY LTD [HELE]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle			3. Date of Earliest Transaction	(Check all applicable)		
1 HELEN OF TROY PLAZA			(Month/Day/Year) 04/30/2014	X Director 10% Owner Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
EL PASO, TX 79912			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(C:t)	(Ctata)	(7:n)				

LL IIIGO,	Person											
(City) (State) (Zip) Ta			able I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ction Date 2A. Deemed Day/Year) Execution Date, if any (Month/Day/Year)		4. Securities Acquired or(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock, par value \$0.10 per share	04/30/2014		Code V M	Amount 4,000	` /	Price \$ 28.325	14,042	D				
Common Stock, par value \$0.10 per share	04/30/2014		S	4,000	D	\$ 62.43	10,042	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)			7. Title and Amou Underlying Securi (Instr. 3 and 4)		
				Code V	and 5)	Date Exercisable	Expiration Date	Title	Ame or Num of Shar
Non-Employee Director Stock Options (Right to Buy)	\$ 28.325	04/30/2014		M	4,000	03/01/2006	03/01/2015	Common Stock	4,0

Reporting Owners

Reporting Owner Name / Address	Relationships						
r	Director	10% Owner	Officer	Other			
Meeker Timothy F 1 HELEN OF TROY PLAZA EL PASO, TX 79912	X						

Signatures

Vincent D. Carson as Attorney-In-Fact for Timothy F.

Meeker

05/02/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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