HELEN OF TROY LTD

Form 4

August 21, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * OPPENHEIM RICHARD J			2. Issuer Name and Ticker or Trading Symbol HELEN OF TROY LTD [HELE]					5. Relationship of Reporting Person(s) to Issuer			
								(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				70.0				
1 HELEN OF TROY PLAZA		(Month/Day/Year) 08/19/2013					Director 10% Owner X Officer (give title Other (specify below)				
				nendment, Date Original (onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
EL PASO, 7						Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	emed on Date, if Day/Year)	3. Transactio Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	ed of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.10 per share	08/19/2013			Code V M(1)	Amount 600	(D)	Price \$ 22.46	600	D		
Common Stock, par value \$0.10 per share	08/19/2013			S	600	D	\$ 40.95	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of Derivative 	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. 5. Number 6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying Securities		8. F Der		
Security (Instr. 3)	or Exercise Price of Derivative Security	(Wonds Day, Tear)	any (Month/Day/Year)	Code (Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ve (Month/Day/Year) (Instr. 3 and 4 d)			Sec (Ins	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 22.46	08/19/2013		M	600	(2)	08/19/2018	Common Stock	600	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
.r. g	Director	10% Owner	Officer	Other			
OPPENHEIM RICHARD J			Controllor				
1 HELEN OF TROY PLAZA EL PASO, TX 79912			Controller				

Signatures

Vincent D. Carson as Attorney-In-Fact for Richard Oppenheim

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported on this Form 4 was effected pursuant to Rule 10b5-1 trading plan adopted by the reporting person in August 2012.

08/21/2013

(2) The options vest over five years in increments of 10%, 15%, 20% and 30%.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2