

SPARKS BEDDOE ANGELA M

Form 4

May 11, 2005

**FORM 4****UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
See Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

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2005  
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(Print or Type Responses)

1. Name and Address of Reporting Person \*  
SPARKS BEDDOE ANGELA M

(Last) (First) (Middle)

ENERGY EAST MANAGEMENT  
CORPORATION, 1 COMMERCE  
PLAZA, SUITE 1001, 10TH FL.

(Street)

ALBANY, NY 12260

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol  
ENERGY EAST CORP [EAS]

3. Date of Earliest Transaction  
(Month/Day/Year)  
05/10/2005

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_ 10% Owner  
\_\_X\_\_ Officer (give title \_\_\_\_ Other (specify  
below) below)

Vice President, Subsidiary

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
\_\_X\_\_ Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	V	Amount	(A) or (D)	Price			
Common Stock								275.1603 <sup>(1)</sup>	I	By 401(k) Plan
Common Stock	05/10/2005		M		15,000	A	\$ 19.62	33,615.8401 <sup>(5)</sup>	D	
Common Stock	05/10/2005		D		15,000	D	\$ 26.66	18,615.8401 <sup>(5)</sup>	D	
Common Stock	05/10/2005		M		7,000	A	\$ 19.1	25,615.8401 <sup>(5)</sup>	D	
Common Stock	05/10/2005		D		7,000	D	\$ 26.66	18,615.8401 <sup>(5)</sup>	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 26.5313					01/01/2000 <sup>(3)</sup> 01/22/2009	Common Stock	8,000
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 19.62	05/10/2005		M	15,000	02/08/2002 <sup>(4)</sup> 02/08/2012	Common Stock	15,000
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 19.1	05/10/2005		M	7,000	02/12/2003 <sup>(6)</sup> 02/12/2013	Common Stock	7,000
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 23.89					02/12/2004 <sup>(7)</sup> 02/12/2014	Common Stock	20,000
Employee Stock Option (right to buy) /	\$ 25.11					10/15/2004 <sup>(8)</sup> 10/15/2014	Common Stock	25,000

SAR <sup>(2)</sup>

Employee

Stock

Option

(right to

buy) /SAR

<sup>(2)</sup>

\$ 26.22

04/01/2005<sup>(9)</sup>

04/01/2015

Common  
Stock

11,9

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SPARKS BEDDOE ANGELA M ENERGY EAST MANAGEMENT CORPORATION 1 COMMERCE PLAZA, SUITE 1001, 10TH FL. ALBANY, NY 12260			Vice President, Subsidiary	

## Signatures

Angela M.

Sparks-Beddoe

05/11/2005

           \*\*Signature of Reporting  
Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Includes equity securities acquired with participant contributions, Company matching fund contributions, and reinvested dividends pursuant to the common stock fund of the Company's 401(k) Plan which are exempt from reporting.

The Stock Appreciation Right (SAR) was issued in tandem with an Employee Stock Option (right to buy). The exercise of a SAR will result in the corresponding cancellation of the Employee Stock Option (right to buy) to the extent of the number of shares of the

- (2) Company's Common Stock as to which SARs are exercised. The exercise of the Employee Stock Option (right to buy) will result in the corresponding cancellation of a SAR to the extent of the number of shares of the Company's Common Stock as to which the Employee Stock Option (right to buy) is exercised.

- (3) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on January 1, 2000; (b) in aggregate as to no more than 66 2/3% on January 1, 2001; and (c) on January 1, 2002 as to 100% of all options which have not been previously exercised.

- (4) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 8, 2002; (b) in aggregate as to no more than 66 2/3% on January 1, 2003; and (c) on January 1, 2004 as to 100% of all options which have not been previously exercised.

- (5) Includes equity securities acquired with reinvested dividends which are exempt from reporting.

- (6) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2003; (b) in aggregate as to no more than 66 2/3% on January 1, 2004; and (c) on January 1, 2005 as to 100% of all options which have not been previously exercised.

- (7) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to 100% of all options which have not been previously exercised.

- (8) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on October 15, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to

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100% of all options which have not been previously exercised.

The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on April 1, 2005; (b) in aggregate as to no more than 66 2/3% on January 1, 2006; and (c) on January 1, 2007 as to 100% of all options which have not been previously exercised.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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