MusclePharm Corp Form 4 November 12, 2015

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL OMB** 

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * Doron Michael J |          |          | 2. Issuer Name and Ticker or Trading Symbol MusclePharm Corp [MSLP] | 5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)                             |  |  |
|---|----------|----------|---|--|--|--|
| (Last)  | (First)  | (Middle) | 3. Date of Earliest Transaction                                     | (Check an applicable)  |  |  |
| 117 66TH ST   |          |          | (Month/Day/Year)<br>07/24/2015                                      | X_ Director 10% Owner Officer (give title below) Other (specify below)                               |  |  |
|   | (Street) |          | 4. If Amendment, Date Original                                      | 6. Individual or Joint/Group Filing(Check  |  |  |
| VA BEACH, V   | VA 23451 |          | Filed(Month/Day/Year)   | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person |  |  |

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|-------------------------|------|
|                         |      |

| (City)     | (State) (Z                          | Table            | I - Non-De                     | erivative S          | Securi | ties Ac        | quired, Disposed | of, or Beneficia | lly Owned    |
|------------|-------------------------------------|------------------|--------------------------------|----------------------|--------|----------------|------------------|------------------|--------------|
| 1.Title of | 2. Transaction Date                 | 2A. Deemed       | 3.                             | 4. Securi            | ties   |                | 5. Amount of     | 6. Ownership     | 7. Nature of |
| Security   | (Month/Day/Year) Execution Date, if |                  | TransactionAcquired (A) or     |                      |        | Securities     | Form: Direct     | Indirect         |              |
| (Instr. 3) |                                     | any (            |                                | Code Disposed of (D) |        | Beneficially   | (D) or           | Beneficial       |              |
|            |                                     | (Month/Day/Year) | (Instr. 8) (Instr. 3, 4 and 5) |                      | Owned  | Indirect (I)   | Ownership        |                  |              |
|            |                                     |                  |                                |                      |        | Following      | (Instr. 4)       | (Instr. 4)       |              |
|            |                                     |                  |                                |                      | (A)    |                | Reported         |                  |              |
|            |                                     |                  |                                | or                   |        | Transaction(s) |                  |                  |              |
|            |                                     |                  | Code V                         | Amount               | (D)    | Price          | (Instr. 3 and 4) |                  |              |
| Common     | 07/24/2015                          |                  | ٨                              | 2 252                | ٨      | (1)            | 62 120           | D                |              |
| Stock      | 07/24/2015                          |                  | A                              | 3,353                | A      | (1)            | 63,138           | D                |              |
| Common     | 10/00/0015                          |                  |                                | <b>7</b> 010         |        |                | 70.140           |                  |              |
| Stock      | 10/23/2015                          |                  | A                              | 7,010                | Α      | <u>(1)</u>     | 70,148           | D                |              |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: MusclePharm Corp - Form 4

| 2.           |   |  | 4.  | 5.   | 6. Date Exer  | cisable and   | 7. Titl  | le and   | 8. Price of  | 9. Nu  |
|--------------|---|--|---|--|---|---|--|--|--|--|
| e Conversion | (Month/Day/Year)                                      | Execution Date, if   | Transact  | ionNumber  | Expiration D  | ate   | Amou   | ınt of   | Derivative   | Deriv  |
| or Exercise  |   | any  | Code  | of   | (Month/Day/   | /Year)  | Under  | rlying   | Security   | Secui  |
| Price of     |   | (Month/Day/Year)   | (Instr. 8)  | Derivativ  | e   |   | Secur  | ities  | (Instr. 5)   | Bene   |
| Derivative   |   |  |   | Securities   | S   |   | (Instr.  | . 3 and 4)   |  | Owne   |
| Security     |   |  |   | Acquired   |   |   |  |  |  | Follo  |
|              |   |  |   | (A) or   |   |   |  |  |  | Repo   |
|              |   |  |   | Disposed   |   |   |  |  |  | Trans  |
|              |   |  |   | of (D)   |   |   |  |  |  | (Instr   |
|              |   |  |   | (Instr. 3,   |   |   |  |  |  |  |
|              |   |  |   | 4, and 5)  |   |   |  |  |  |  |
|              |   |  |   |  |   |   |  | Amount   |  |  |
|              |   |  |   |  |   |   |  |  |  |  |
|              |   |  |   |  | Date  | Expiration  | Title  |  |  |  |
|              |   |  |   |  | Exercisable   | Date  | Title  |  |  |  |
|              |   |  | Codo I  | 7 (A) (D)  |   |   |  |  |  |  |
|              | e Conversion<br>or Exercise<br>Price of<br>Derivative | e Conversion (Month/Day/Year)<br>or Exercise<br>Price of<br>Derivative | e Conversion (Month/Day/Year) Execution Date, if or Exercise any Price of (Month/Day/Year) Derivative | e Conversion (Month/Day/Year) Execution Date, if Transact or Exercise any Code Price of (Month/Day/Year) (Instr. 8)  Derivative Security | Conversion or Exercise any Code of Price of Derivative Security  Month/Day/Year)  Execution Date, if any Code of (Instr. 8) Derivative Security  Month/Day/Year)  Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date or Exercise any Code of (Month/Day/Pear) Code of (Month/Day/Pear) Derivative Security Security Security Security Security Security Security Date | Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date or Exercise Price of Derivative Security (Month/Day/Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)  Date Expiration Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date | Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date Amore or Exercise any Code of (Month/Day/Year) Under Price of (Month/Day/Year) (Instr. 8) Derivative Securities (Instr. 8) Code of (Month/Day/Year) Under Security Securities (Instr. 8) Date Expiration Title Exercisable Date Title | Conversion or Exercise or Exercise Price of ODER or Exercise Price of ODER or Exercise ODER | Conversion or Exercise Price of Derivative Security  Resolution Date, if any Code of (Month/Day/Year) (Instr. 8) Derivative Securities  Resolution Date, if any Code of (Month/Day/Year) (Instr. 8) Derivative Securities  Resolution Date (Month/Day/Year) (Instr. 8) Derivative Securities  Resolution Date (Month/Day/Year) (Instr. 5) Derivative Securities  Resolution Date (Month/Day/Year) (Instr. 5) Derivative Securities  Resolution Date (Instr. 3 and 4)  Resolution Date (Instr. 5)  Resolution Date (Instr |

# **Reporting Owners**

| Reporting Owner Name / Address | Relationships |           |         |       |  |  |  |
|--------------------------------|---------------|-----------|---------|-------|--|--|--|
| 1                              | Director      | 10% Owner | Officer | Other |  |  |  |
| Doron Michael J                |               |           |         |       |  |  |  |
| 117 66TH ST                    | X             |           |         |       |  |  |  |
| VA BEACH, VA 23451             |               |           |         |       |  |  |  |

## **Signatures**

Reporting Person

/s/ Michael J.

Doron 11/12/2015

\*\*Signature of Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were an award under the Issuer's 2015 Equity Incentive Compensation Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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