ODELL RICHARD D

Form 4 May 02, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(C:tr.)

(Print or Type Responses)

1. Name and Address of Reporting Person * ODELL RICHARD D

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

SAIA INC [SAIA]

(Month/Day/Year)

(Check all applicable) 3. Date of Earliest Transaction

> Director 10% Owner Other (specify X_ Officer (give title

11465 JOHNS CREEK PARKWAY, 04/30/2013

(Middle)

(7:m)

below) President & CEO of Saia

SUITE 400

(Street)

(State)

(First)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

JOHNS CREEK, GA 30097

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transactiomr Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	05/01/2013		M	11,750	A	\$ 40.0364	95,015	D	
Common Stock	05/01/2013		S	11,750	D	\$ 40.0364	83,265	D	
Common Stock	05/01/2013		S	25,000	D	\$ 40.0364	58,265	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of ansactionDerivative de Securities Acquired str. 8) (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	N S
Stock Options (Right to Buy)	\$ 40.92	04/30/2013		A	30,590		04/30/2016	04/29/2020	Common Stock	
Stock Options (Right to Buy)	\$ 26.72	05/01/2013		M		11,750	02/02/2010	02/01/2014	Common Stock	
Stock Options (Right to Buy)	\$ 12.1						02/02/2013	02/01/2017	Common Stock	
Phantom Stock	\$ 0 (1)						(2)	<u>(3)</u>	Common Stock	4
Stock Options (Right to Buy)	\$ 26.72						02/02/2010(4)	02/01/2017	Common Stock	
Stock Options (Right to Buy)	\$ 14.71						02/01/2011	01/31/2015	Common Stock	
Stock Options (Right to Buy)	\$ 11.96						02/03/2012	02/02/2016	Common Stock	
Stock Options (Right to Buy)	\$ 16.39						05/02/2014	05/01/2018	Common Stock	
Stock Options (Right to Buy)	\$ 16.5						02/02/2015	02/02/2019	Common Stock	

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ODELL RICHARD D 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

President & CEO of Saia

Signatures

/s/ Stephanie R.
Maschmeier 05/02/2013

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Conversion rate of this derivative security on April 30, 2013 is 0.8234 resulting in 35,462.80 shares of common stock (underlying security in column 7).
- (2) Immediate
- (3) The shares of phantom stock become payable, stock, upon reporting person's termination of service as an employee, in accordance with the terms of the Plan.
- (4) The options vest one-third in year three, one-third in year four and one-third in year five.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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