EMCOR GROUP INC

Form 4

November 01, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MACINNIS FRANK T			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)
301 MERRITT	SEVEN		(Month/Day/Year) 10/31/2007	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman & CEO
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check
NORWALK, C	T 06851		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative :	Securi	ities Acqu	ired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	10/31/2007		Code V M	Amount 25,512	(D)	Price \$ 4.938	(Instr. 3 and 4) 600,378	D	
Common Stock	10/31/2007		S	500	D	\$ 33.25	599,878	D	
Common Stock	10/31/2007		S	500	D	\$ 33.3	599,378	D	
Common Stock	10/31/2007		S	1,000	D	\$ 33.35	598,378	D	
Common Stock	10/31/2007		S	1,700	D	\$ 33.4	596,678	D	

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Common Stock	10/31/2007	S	100	D	\$ 33.41	596,578	D
Common Stock	10/31/2007	S	200	D	\$ 33.42	596,378	D
Common Stock	10/31/2007	S	800	D	\$ 33.5	595,578	D
Common Stock	10/31/2007	S	500	D	\$ 33.55	595,078	D
Common Stock	10/31/2007	S	500	D	\$ 33.6	594,578	D
Common Stock	10/31/2007	S	500	D	\$ 33.75	594,078	D
Common Stock	10/31/2007	S	500	D	\$ 33.8	593,578	D
Common Stock	10/31/2007	S	3,000	D	\$ 33.95	590,578	D
Common Stock	10/31/2007	S	6,012	D	\$ 34	584,566	D
Common Stock	10/31/2007	S	2,500	D	\$ 34.1	582,066	D
Common Stock	10/31/2007	S	1,300	D	\$ 34.2	580,766	D
Common Stock	10/31/2007	S	100	D	\$ 34.21	580,666	D
Common Stock	10/31/2007	S	400	D	\$ 34.25	580,266	D
Common Stock	10/31/2007	S	2,400	D	\$ 34.3	577,866	D
Common Stock	10/31/2007	S	3,000	D	\$ 34.5	574,866 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		

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	Derivative Security				(D)	isposed of r. 3, 4,				
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 4.938	10/31/2007	M			25,512	(2)	11/20/2007	Common Stock	25,512

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X		Chairman & CEO				

Signatures

Reporting Person

Frank T.
MacInnis

**Signature of Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The number of shares reported herein represents an adjustment required by the 2-for-1 stock splits of the Company's common stock (the (1) "Common Stock") effected February 10, 2006 and July 9, 2007, respectively. This number also includes shares issuable with respect to restricted stock units.
- Options became exercisable in four equal installments, on the dates that the closing price on the New York Stock Exchange of a share of (2) Common Stock hit the following target prices: \$6.25; \$7.50; \$8.75; and \$10.00 (in each case, as adjusted for each of the 2-for-1 stock splits of the Common Stock effected February 10, 2006 and July 9, 2007, respectively).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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