

ALEXANDERS J CORP

Form 4

November 25, 2009

**FORM 4****UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
See Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

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response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**STOUT LONNIE J II**

(Last) (First) (Middle)

3401 WEST END AVENUE, SUITE  
260

(Street)

NASHVILLE, TN 37202

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol  
**ALEXANDERS J CORP [JAX]**

3. Date of Earliest Transaction  
(Month/Day/Year)

11/23/2009

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner  
☒ Officer (give title below) ☐ Other (specify  
below)

Chairman, President &amp; CEO

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
☒ Form filed by One Reporting Person  
☐ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/24/2009		S	100 <sup>(2)</sup> D	\$ 4 202,114	D	
Common Stock	11/24/2009		S	150 <sup>(2)</sup> D	\$ 4 201,964	D	
Common Stock	11/24/2009		S	150 <sup>(2)</sup> D	\$ 4 201,814	D	
Common Stock	11/24/2009		S	150 <sup>(2)</sup> D	\$ 4 201,664	D	
Common Stock	11/24/2009		S	250 <sup>(2)</sup> D	\$ 4 201,414	D	

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Common Stock	11/24/2009	S	150 <sup>(2)</sup>	D	\$ 4	201,264	D
Common Stock	11/24/2009	S	143 <sup>(2)</sup>	D	\$ 4	201,121	D
Common Stock	11/24/2009	S	107 <sup>(2)</sup>	D	\$ 4	201,014	D
Common Stock	11/24/2009	S	43 <sup>(2)</sup>	D	\$ 4	200,971	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,921	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,871	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,821	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,771	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,721	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,671	D
Common Stock	11/24/2009	S	50 <sup>(2)</sup>	D	\$ 4	200,621	D
Common Stock	11/24/2009	S	60 <sup>(2)</sup>	D	\$ 4	200,561	D
Common Stock	11/24/2009	S	700 <sup>(2)</sup>	D	\$ 4.1	199,861	D

Common Stock						10,648.2525	I
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J.  
Alexander's  
Corporation  
Employee  
Stock  
Ownership  
Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable Expiration Date	Title Amount Number Shares
Employee Stock Option (Right to Buy)	\$ 4.1	11/23/2009		A	160,000	<u>(1)</u> 11/23/2016	Common Stock 160,000

## Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
STOUT LONNIE J II 3401 WEST END AVENUE, SUITE 260 NASHVILLE, TN 37202	X Chairman, President & CEO

## Signatures

Mark A. Parkey,  
Attorney-in-Fact 11/25/2009

\_\_Signature of Reporting Person Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option is scheduled to vest in four equal installments on November 23, 2010, 2011, 2012 and 2013.

(2) Sold pursuant to a Rule 10b5-1(c)(1) trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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